



# TEAM MANUAL

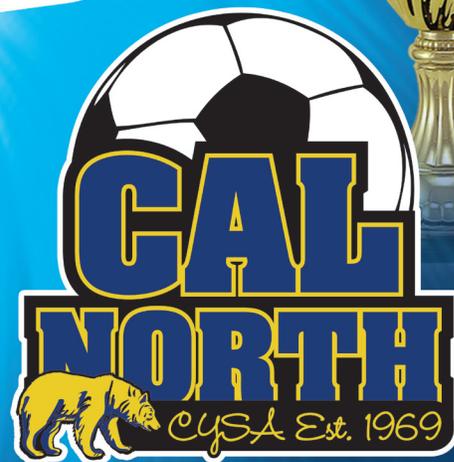
2014 - 2015

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July 2014

Greetings players, parents and fellow members of Cal North, “The California Youth Soccer Association in Northern California”. The 2014/2015 youth soccer season has arrived. We are continuing our commitment to work together with you in the development and promotion of soccer for all youth in “Northern California”. As always, “Kids First” remains our common goal with a commitment to provide the most safe and positive environment possible for our “Kids”.

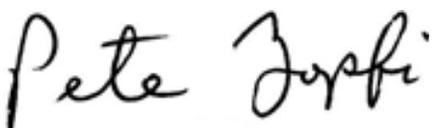
The CYSA Team Manual is a useful resource about Cal North/CYSA, its programs, its operations, and the valuable people available to provide service to you and our membership. The Team Manual in conjunction with our modernized Cal North/CYSA web site ([www.calnorth.org](http://www.calnorth.org)) contains a wealth of information, including our Constitution and Bylaws, a summary of our insurance coverage, rules of competition, coaching information, and advice for participation in youth soccer programs. Its contact directory tells you who to contact for information and how to contact them at the district, state and national levels (US Youth Soccer and USSF).

Youth soccer in Northern California is growing and this manual is designed to provide an update to our membership about our successful existing programs and also some of our new exciting advances in youth soccer. Cal North/CYSA offers a diverse range of programs and opportunities available to the various levels of play (recreational through competitive). We provide state-wide competition for all players through the Cal North/CYSA Founders’ Cup, Cal North/CYSA Association Cup, Cal North/CYSA Presidents Cup and Cal North/CYSA State Cup. We offer the Olympic Development Program (ODP) for the most talented of players and we offer TOPSoccer for those special young athletes with special needs. Our state-wide playing league, the Cal North/CYSA Cal Soccer League (CCSL), is designed to provide an opportunity for our more competitive players and teams to further their development against higher levels of competition. The California Regional League (CRL) with Cal South has provided an opportunity for the top premier teams in Northern and Southern California to compete with each other and demonstrate their skills to college coaches and US Soccer national team coaches.

Additional advances in our services are outlined in this Team Manual and on our website. These include the continued development of our Elite Player Program, increased emphasis on coaching education at both the recreational and competitive levels and continued improvement in our risk management programs with the continuation of Live Scan and background screening. As always, our highly trained staff at the Cal North/CYSA office is available to assist you with your needs and answer any questions that you may have.

Cal North/CYSA is extremely grateful to the thousands of volunteers who serve as the backbone of our association. As parents and community members, we are thankful to all of the volunteers for the time, talents, and resources they donate to serve the interests of the “Kids”. In addition, we greatly appreciate the expertise and contributions of our paid professionals to the development of soccer in Cal North/CYSA and throughout “Northern California”.

The commitment of the Cal North/CYSA Board of Directors to youth soccer remains unequalled in Northern California and the United States. As the largest youth soccer state association in US Youth Soccer, we recognize our responsibility to you and our membership and we will continue to provide appropriate programs to support both the development and play of our players while providing them a safe environment and a productive foundation to build their future.



Pete Zopfi  
Chairman  
California Youth Soccer Association



# SECTION 1

## INFORMATION





# THE WORLD OF CAL NORTH

The California Youth Soccer Association, Incorporated (Cal North) is affiliated with US Youth Soccer, the United States Soccer Federation (USSF) and the Fédération Internationale de Football Association (FIFA).

Cal North is a non-profit corporation supported through player registration fees, league fees, sponsorships and donations. Our goal is to provide an opportunity for youth players of all levels of skill to participate in soccer programs.

## MISSION STATEMENT

*“The mission of the California Youth Soccer Association is to serve all children and our communities by providing opportunities that allow each child to grow, learn, mature and succeed by becoming productive adult members of society through the development, promotion, and offering, regardless of race, color, religion, age, sex, national origin and/or ability, comprehensive community based leagues that offer a complete range of youth soccer opportunities for all children of all ages and abilities.”*

This Team Manual is designed to assist Cal North members by familiarizing them with Cal North and the various programs it offers

## CAL NORTH VISION STATEMENT

Inspired by a love of the game, our soccer community gives youth life experiences and character-building opportunities while keeping kids first.

## COACHING PROGRAM

The educational procedure of the Cal North coaching education program is based on the requirements of the US Soccer Federation (USSF). Cal North recommends all coaches, regardless of background to follow the educational steps as prescribed by the US Soccer Federation Coaching Education program. The Coaching School is part of an educational procedure and the materials can be mastered by anyone with an open mind who enjoys children, teaching and the sport of soccer. The purpose of the Coaching Program is to educate, promote and stimulate interest in youth soccer.

*“The California Youth Soccer Association is committed to providing a high level of coaching courses to its youth soccer coaches to excel in their careers by enhancing their*

*coaching ability and knowledge level.”*

## REFEREE PROGRAM

California North Referee Administration (CNRA) is the administrative organization for referees in northern California. The Referee Program offers instruction for entry-level referees as well as training, mentoring and evaluation for advancement. Referees register directly with USSF and are assigned as independent contractors to league, tournament, cup and other matches by the affiliated league, the Cal North District or by the State Association for all Cal North sanctioned competitions and/or events. Additional information about the referee program can be located on the CNRA website at [www.cnra.net](http://www.cnra.net) Registration is on an annual basis. Regular meetings take place at the local level and communication from all levels is distributed and published to ensure that referees are kept abreast of changes in the Laws of the Game and their interpretations. Continuing education programs are available for all referees. Contact your League or Regional Referee Administrator for further information and course dates.

## RECREATION PROGRAM

Youth soccer is extremely popular in the US and there are currently over 100,000 Recreational players registered in Cal North. Cal North prides itself on the history of providing this sport to its youth since 1969, where all players begin as recreational players. Soccer is a sport

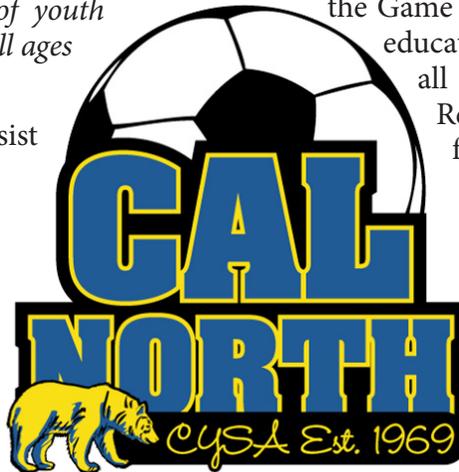
that is offered throughout northern California at the grass roots level in nearly every community that has ties with the Cal North organization.

## SOCCER ACROSS AMERICA

The Soccer Start program is designed to introduce soccer to children living in economically disadvantaged areas, such as rural and inner city communities. Contact your District Recreation Coordinator for assistance or further information.

## TOPSoccer PROGRAM

The TOPSoccer program, a community-based training and team placement program for young athletes with special needs. These needs are because of a physical or mental disability that might discourage or preclude



the child from participating in a sports program. TOPSoccer furthers US Youth Soccer's mission of fostering the physical, mental and emotional growth and development of America's youth through the sport of soccer at all levels. TOPSoccer takes kids from the sidelines to participating in the game.

### **CAL NORTH SANCTIONED TOURNAMENTS**

Every CAL NORTH affiliated league is entitled to apply to host a CAL NORTH sanctioned tournament. Leagues can now apply to host an "Unrestricted" event that can include teams from other USSF affiliates. The league's District Tournament Coordinator can provide information on how to apply to host. Tournament invitations, applications and the proper procedure for applying to a CAL NORTH tournament may be obtained from your District Tournament Coordinator or by visiting [www.calnorth.org/tournaments](http://www.calnorth.org/tournaments).

### **CAL NORTH CUP COMPETITIONS**

The *Cal North Cup Series* includes five different Cups that provide challenging match play for all levels of Cal North teams.

*Cal North Junior Cup Festival* is comprised of three different divisions of competition and is offered for U9 through U11 teams. U10 Founders' Cup, U9-U11 Association Cup and U9-U11 State Cup will offer a wide spectrum of playing levels while providing a fun-filled festival-style event which is open to both CYSA Cal-North member teams as well as to teams from other USSF affiliated organizations. This Cup introduces teams to the Cal North Cup Series and allows participants to view the different levels of play taking place in a venue that incorporates all three cups simultaneously. Founders' Cup offers competition for the Recreational level teams while Association Cup provides a level of play compatible with entry-level competition (Copper, Bronze, Silver, and Silver Elite.) State Cup is for the more experienced competitive team and is appropriate for Silver Elite, Gold or Premier level teams.

*Cal North State Cup* is offered in the U12 - U19 boys and girls age groups. State Cup for the U12 and older age groups is the state-level qualifier for the US Youth Soccer National Championship Series, which is considered the most prestigious youth soccer competition in the United States. Recommended for the top tier competitive teams within a league or club, generally Competitive Division teams competing in California Regional League or other Premier or Gold level playing leagues and tournaments are the right fit for State Cup. Champions qualify to advance to the Region IV Far West Regionals.

*Cal North Presidents Cup* is offered for U12 – U17 teams. Presidents Cup competition is one competitive level below the National Championship Series State Cup and is well-suited for teams that play at the Silver Elite and/or Gold level in league and tournaments. Champions in U13 and older age group/gender division as well as selected wildcard teams will qualify for the Region IV Presidents Cup competition. Because it begins in April for U14-U17 teams, Presidents Cup is a great option for U14 teams that are impacted by players on their roster who are participating on high school teams during the CIF exclusionary period between November 15 and March 15.

*Cal North Association Cup* was established to create a state-level competition for the entry-level Competitive teams. Offering brackets in the U12, U13, U14, U15, U16, and U19 age groups, Association Cup is geared toward providing the state-level cup experience for teams that participate at the Copper, Bronze, Silver and Silver Elite competitive level in league and tournament competitions. Under-14 teams should be aware that Association Cup for U14s is played in January and may want to consider Presidents Cup as an option if they are impacted by CIF rule 600 for high school players. Association Cup champions do not advance to competition beyond Cal North Championships.

*Cal North Founders' Cup* rounds out the Cal North Cup series. Founders' Cup was established specifically to provide Recreational level teams with an opportunity for state-level cup competition. U12, U14, U16 and U19 brackets are offered and the cup is open to any Recreational team that is approved by their league and district to participate in tournament play.

### **OLYMPIC DEVELOPMENT PROGRAM**

The Primary objective of the State Olympic Development Program (ODP) is to identify, evaluate and promote highly talented youth soccer players. As part of the National effort, the CAL NORTH ODP is dedicated to finding the highest level youth soccer players in northern California. The Olympic Development Program is a National process for identifying the best youth soccer players. The process promotes players to the U.S. National teams, which represent the United States in International competition, such as the World Cup, the Olympics and Youth World Cup events. This program is sanctioned by the USOC and USSF.

### **CAL NORTH - CAL SOCCER LEAGUE (CCSL)**

The CCSL is open to Cal North affiliated competitive level soccer teams, offering fall, spring and winter league options to accommodate the changing needs of the

Northern California soccer community. Our goal is to provide an appropriate playing environment for comp Cal North teams of all skill level. With over 2000 teams playing CCSL each year, teams will be bracketed with other Copper, Bronze, Silver, Silver Elite, and Gold or Premier level opponents. Local volunteers work hard to match teams with similarly skilled and experienced teams wherever possible and teams are always given an opportunity to participate in the seeding process. Teams that improve have a real opportunity to move up each year to challenge them with higher-level competition. Younger and lower level teams are bracketed geographically to reduce travel as much as possible, older and more experienced teams may travel more to find the most appropriate competition.

### **CALIFORNIA REGIONAL LEAGUE (CRL)**

The CRL mission is to provide the highest standard of competitive play for youth teams that are members of US Youth Soccer Region IV (Cal North and Cal South) and to assure the continued growth and development of elite level players. The CRL offers quality league competition in addition, teams vie for the chance to earn wild card entry into the US Youth Soccer Region IV Far West Regional Championships and US Youth Soccer National Championship Series. Champions also earn entry into the US Youth Soccer National League. The National League offers additional exposure to collegiate, professional and US National Team coaches and offers the highest level of competition in the country.

### **YOUTH PLAYERS PARTICIPATING IN ADULT (SENIOR) SOCCER PROGRAMS**

Cal North registered players may be approved to play an unlimited number of games on a senior (adult amateur) team and retain their youth amateur eligibility if they file a Cal North Youth to Provisional Senior Player Request form with Cal North before they register on a senior team. Everyone should be aware that a player who does not submit a Youth to Provisional Senior Player Request form before registering with a senior team will be ineligible for further youth play. Any games involving Cal North players participating with adult (senior) players may require the approval of the Cal North Board of Directors. Contact your District Commissioner for assistance.

### **PROTEST AND APPEALS**

Each registered team and/or member has the right to protest and appeal. League Officials, District Commissioners, and the Cal North Board of Directors will assist in administering protests and appeals. (See Cal North Constitution, Bylaws, General Procedures & Specific Rules).

### **INSURANCE**

Cal North provides insurance coverage for all registered team members, coaches, managers, referees, officials, and volunteers of the teams, leagues or of the association during Cal North sanctioned events and activities. If a player is injured, their coach or team official should complete the online injury report, which can be found on the Cal North website at [www.calnorth.org](http://www.calnorth.org). The Cal North insurance is payable in excess of all other valid and collectible group insurance. There is a \$500.00 deductible per claim regardless of other insurance. (See Summary of Insurance Coverage)

### **CAL NORTH MEETINGS AND SERVICES**

#### *Annual General Meeting (AGM)*

The Cal North AGM will be held on February 1, 2015 at the Portola Hotel and Monterey Conference Center. This most important meeting is where the membership has an opportunity to change the Cal North rules of play. (Please check the Cal North website [www.calnorth.org](http://www.calnorth.org) for additional information)

### **SOCCER EXPO**

On January 31, 2015 Cal North will hold its annual Soccer Expo at the Portola Hotel and Monterey Conference Center. Workshops for Coaches, Referees, League Board members and Registrars will be held. Dozens of vendors will be participating in this event, offering the latest in soccer apparel, equipment, fundraising items, and general sports-related items. The Hall of Fame Awards Banquet will be held on Saturday, and will honor coaches, youth referees, and volunteers from the State, as well as induct the newest Hall of Fame members. Please check the Cal North website [www.calnorth.org](http://www.calnorth.org) for updates on these events.

### **CAL NORTH LEAGUE PRESIDENTS' WORKSHOP**

Each year, Cal North hosts a workshop for our League Presidents. This workshop gives the League Presidents the opportunity to hear from industry experts and discuss with their peers the many challenges, rewards and keys to success in their roles. The 2015 League Presidents' Workshop will be held on January 31st at the Portola Hotel and Monterey Conference Center.



# PROMOTING THE HEALTH & WELL BEING OF PLAYERS: COACHES AS ROLE MODELS

Cal North and the Cal North Coaching staff are committed to the positive development of our children. Therefore, we ask that all coaches adhere to the Cal North policy regarding tobacco use in addition to the following:

- a. PROMOTE a consistent message about the dangers of tobacco use.
- b. CREATE a support system for a tobacco-free environment.
- c. INTEGRATE tobacco education messages into your practices.
- d. MODEL tobacco-free behavior. Don't use tobacco products in the presence of your players

## CAL NORTH POLICY

The Board recognizes that there is ample research demonstrating the health hazards of the use of tobacco products, including smoking and the breathing of second-hand smoke, and its responsibility to the players and participants to demonstrate and teach acceptable health principles. The California Youth Soccer Association Board of Directors, therefore, in the best interest of the health and safety of the players, participants and general public, directs the development of the following regulations:

The California Youth Soccer Association (Cal North) discourages tobacco use within 25 yards of any Cal North affiliated activity involving youth players.

This policy shall be established to:

1. Further the goal of consistency among on-going school and community programs to discourage children from using tobacco products;
2. Promote health and encourage players to adopt healthy lifestyles;
3. Reflect and emphasize the hazards of tobacco use;
4. Protect the health and safety of players, coaches and the general public;
5. Eliminate the mixed messages that children receive through tobacco advertising and its association with sporting events; and
6. Generate respect among players for league authority, thereby improving discipline by virtue of its application to coaches, officials, players and the general public



# WHO TO CONTACT

Board of Directors	Name	Address	E-Mail Address	Contact Phone
Chairman of the Board	Pete Zopfi	3248 Seminole Circle, Fairfield, CA 94534	Chairman@calnorth.org	707.290.8986
1st Vice Chairman	Kim Brown	PO Box 6418, Santa Rosa, CA 95406	1stViceChair@calnorth.org	707.479.7750
2nd Vice Chairman	Craig Winans	1015 Portola Drive, San Francisco, CA 94127	2ndViceChair@calnorth.org	415.680.4426
3rd Vice Chairman	Rich Pinnell	PO Box 990872, Redding, CA 96099	3rdViceChair@calnorth.org	530.941.4130
Secretary	Chris Murray	1738 Alameda Avenue, Alameda, CA 94501	Secretary@calnorth.org	415.981.0400
Chief Financial Officer	Iлона Montoya	820 West Angus Avenue, San Bruno, CA 94066	CFO@calnorth.org	650.871.8166
District I Commissioner	Lawrence Rustia	2050 34th Avenue, San Francisco, CA 94116	District1Commissioner@calnorth.org	415.823.0548
District II Commissioner	Rodney Robinson	12238 Via Arline Road, Los Altos, CA 94022	District2Commissioner@calnorth.org	415.265.6062
District III Commissioner	Donna Kerger	PO Box 1492, Pleasanton, CA 94566	District3Commissioner@calnorth.org	925.838.9272
District IV Commissioner	Joe Santos	PO Box 2701, Castro Valley, CA 94546	District4Commissioner@calnorth.org	510.731.7527
District V Commissioner	Cheri Hardaway	1387 Cass Road, Santa Rosa, CA 95407	District5Commissioner@calnorth.org	
District VI Commissioner	Mark Dickerson	8807 Crusheen Way, Sacramento, CA 95828	District6Commissioner@calnorth.org	916.606.1998
District VII Commissioner	John Hodgson	4285 North 1st Street, Fresno, CA 93726	District7Commissioner@calnorth.org	559.924.5064
District VIII Commissioner	Sue Gonzales	PO Box 1688, Lodi, CA 95241	District8Commissioner@calnorth.org	209.824.2472
District IX Commissioner	Michael Massa	PO Box 381, Los Molinos, CA 96055	District9Commissioner@calnorth.org	530.624.4996
Past Chairman	John Murphy	5700 Cabot Drive, Oakland, CA 94611	PastChairman@calnorth.org	510.339.1496
CSA-N President	Ric Olivas	1348 Silver Avenue, San Francisco, CA 94134	CSA-NPresident@calnorth.org	415.467.1881

Cal North Office Staff	Name	E-Mail Address	Cal North Office Staff	Name	E-Mail Address
Executive Director	Matthew Madeira	mmadeira@calnorth.org	Accounting Manager	Ning Xiao	nxiao@calnorth.org
Programs Coordinator	Joyce Bordley	jbordley@calnorth.org	Accounting Clerk	Colleen Lamb	clamb@calnorth.org
Programs Coordinator	Kathi Killion	kkillion@calnorth.org	Administrative Assistant/ Registration	Emanuel Lusca	elusca@calnorth.org
Executive Assistant	Debbie Alvarez	dalvarez@calnorth.org	ODP Technical Director	Philippe Blin	pblin@calnorth.org
Director of Marketing	Dan McCann	dmccann@calnorth.org	CCSL Director of Operations	Bruce Sillars	CCSLDirector@calnorth.org 530.316.4761
Cal North Director of Coaching - Comp	Carlos Menjivar	cmenjivar@calnorth.org 707.319.9142	Warehouse Operations	Robert Riordan	rriordan@calnorth.org
Cal North Director of Coaching - Rec	Paul Sapsford	psapsford@calnorth.org 925.895.7502			

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Assistant Commissioners	Name	Address	E-Mail Address	Contact Phone
District I	Cary Jones	36 Dunsmuir Street, San Francisco, CA 94134	AsstDistrict1Commissioner@calnorth.org	415.337.6630
District II	Bob Joyce	554 Los Olivos Drive, Santa Clara, CA 95050	AsstDistrict2Commissioner@calnorth.org	408.554.6554
District III	Diane Scott	1739 Peru Court, Pleasanton, CA 94566	AsstDistrict3Commissioner@calnorth.org	925.462.2357
District IV	Ray Suey	16845 Hallmark Court, Castro Valley, CA 94552	AsstDistrict4Commissioner@calnorth.org	510.889.0313
District V	Kurt Barthel	PO Box 628, Loleta, CA, 95551	AsstDistrict5Commissioner@calnorth.org	707.733.5081
District VI	Danny Marquez	9363 Snowbird Way, Sacramento, CA 95826	AsstDistrict6Commissioner1@calnorth.org	916.205.6545
District VI	Mark Lloret	8181 Drais Way Elk Grove CA 95624	AsstDistrict6Commissioner2@calnorth.org	916-479-5791
District VII	Linda SoRelle	4285 North 1st Street, Fresno, CA 93726	AsstDistrict7Commissioner@calnorth.org	559.222.9938
District VIII	Bob Asklof	PO Box 1688, Lodi, CA 95241	AsstDistrict8Commissioner@calnorth.org	209.401.3113
District IX	Craig Sannebeck	2270 Balls Ferry Road, Anderson, CA 96007	AsstDistrict9Commissioner@calnorth.org	530.378.5083

State Committee Chairpersons/Cup Directors	Name	Address	E-Mail Address	Contact Phone
Association Cup Director	Barry Comerford	9550 Ashley Drive, Windsor, CA 95492	AssociationCup Director@calnorth.org	707-838-6004
Coaching	Tim Nixon	16 Tioga Way, Belmont, CA 94002	CoachingChair@calnorth.org	650.218.3659
Cal North – Cal Soccer League	Vacant	Vacant	Vacant	Vacant
Founders' Cup Director	Gloria Dorris	5712 East Sussex Way, Fresno, CA 93727	FoundersCupDirector@calnorth.org	760.529.3423
Cup Committee Chair	Vacant	Vacant	Vacant	Vacant
Olympic Development Program	Vacant	Vacant	Vacant	Vacant
Recreation	Hervi Rualo	1214 Nelson Ave., Modesto, CA 95350	RecreationChair@calnorth.org	209.596.6940
Referees (SYRA)	Larry Svetich	4518 Wellesly Way, Sacramento, CA 95841	SYRA@calnorth.org	916.761.7248
Registration Chair	Melinda Rainville	1363 Mansion Court, San Jose, CA 95120	stateregistrar@calnorth.org	408.268.7044
Risk Management	Vacant	Vacant	Vacant	Vacant
Rules & Revisions	Shirley Thompson	1239 Adam Street, Tracy, CA 95376	RulesandRevisionsChair@calnorth.org	209.835.8204
State Cup & Presidents Cup Director	Kurt Barthel	PO Box 628, Loleta, CA, 95551	State.PresdentsCupDirector@calnorth.org	707.733.5081
Soccer Start (Co-Chairs)	Pat & Paul Hodges	3808 Aqua Vista Court, Hayward, CA 94542	SoccerStartChair@calnorth.org	510.889.1313
TOPSoccer	Carolynn Rafferty	2168 Ashley Lane, Tracy, CA 95377	TOPSoccerChair@calnorth.org	209.830.7247
Tournaments	Kathi Killion	121 San Miguel Place, San Ramon. CA 94583	TournamentChair@calnorth.org	925.876.9181

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District Positions	District I	District II	District III	District IV
<b>Cups</b>	See District Commissioner	Teddy Ciupitu 2622 Monserat Avenue Belmont, CA 94002 650-796-7830 D2Cups@calnorth.org	See District Commissioner	Ray Suey 16845 Hallmark Ct. Castro Valley, CA 94552 510.889.0313 D4Cups@calnorth.org
<b>Coaching</b>	See District Commissioner	Tim Nixon 16 Tioga Way Belmont, CA 94002 650.218.3659 D2Coaching@calnorth.org	Kamal Della 2388 Goldencrest Circle Pleasanton, CA 94566 925.413.4656 D3Coaching@calnorth.org	Steve Shott 936 Rose Drive Benicia, CA 94510 707.747.5529 D4Coaching@calnorth.org
<b>CYSA – Cal Soccer League</b>	Ernie Brockmeyer 1515 Terra Nova Blvd. Pacifica, CA 94044 650.738.8715 D1CCSL@calnorth.org	Nancy Ditz 650.888.4833 D2CCSL@calnorth.org	Mike Hapiuk D3CCSL@calnorth.org	Pablo Rodrigues 636 Colusa Ave. Berkeley, CA 94707 415.336.5746 D4CCSL@calnorth.org
<b>Olympic Development Program</b>	Jeff Wilson – Boys D1ODP@calnorth.org  Libby Rappolt – Girls D1ODP@calnorth.org	See District Commissioner	Kamal Della 2388 Goldcrest Circle Pleasanton, CA 94566 925.413.4656 D3ODP@calnorth.org	See District Commissioner
<b>Recreation</b>	Siena Perez PO Box 590855 San Francisco, CA 94159 415.995.4984 D1Recreation@calnorth.org	See District Commissioner	See District Commissioner	Ray Suey 16845 Hallmark Court Castro Valley, CA 94552 510.889.0313 D4Recreation@calnorth.org
<b>Referee Administrator (Youth)</b>	Rich Fern 1037 Brunswick Street Daly City, CA 94014 415.587.6299 D1Referee@calnorth.org	Scott Riegelhaupt-Herzig 1657 S. Mary Ave. Sunnyvale, CA 94087 408.806.2797 D2Referee@calnorth.org	Tom Kendig Fremont, CA 510.409.2570 D3Referee@calnorth.org	Mike Silverman 27150 Greenhaven Road Hayward, CA 94542 510.589.6858 D4Referee@calnorth.org
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<b>Tournaments</b>	Ernie Brockmeyer 1515 Terra Nova Blvd. Pacifica, CA 94044 650.738.8715 D1Tournaments@calnorth.org	Rosemary Alvarez 7234 Via Bella San Jose, CA 95139 408.578.5447 D2Tournaments@calnorth.org	See District Commissioner	Paul & Pat Hodges 3808 Aqua Vista Court Hayward, CA 94542 510.889.1313 D4Tournaments@calnorth.org
<b>Treasurer</b>	Sandy Morini 3181 Geoffrey Drive San Bruno, CA 94066 650.355.4492 D1Treasurer@calnorth.org	Michael Rainville 1363 Mansion Court San Jose, CA 95120 408.268.7044 D2Treasurer@calnorth.org	Mita Hartland 3738 Ferncroft Court Dublin, CA 94568 925.577.7733 D3Treasurer@calnorth.org	Bill Paxton 3585 Deer Park Court Hayward, CA 94542 510.582.4444 D4Treasurer@calnorth.org

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Revised: 7/25/2013

District V	District VI	District VII	District VIII	District IX
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See District Commissioner	Linda Padilla 682 Larson Way Folsom, CA 95630 916.342.0381 D6Coaching@calnorth.org	Sal Blanco 4285 North 1st Street Fresno, CA 93726 559.907.4357 D7Coaching@calnorth.org	Brian Orr 190 Brownwood Lane Oakdale, CA 95361 209.847.7252 D8Coaching@calnorth.org	Keith Stewart PO Box 990010 Redding CA 96099 530.244.8464 D9Coaching@calnorth.org
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# CALENDAR OF EVENTS

## September 2014

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

## October 2014

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

## November 2014

S	M	T	W	T	F	S
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9	10	11	12	13	14	15
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23	24	25	26	27	28	29
30						

## December 2014

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14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

## September 2014

- 30-1 Tournament Weekend (8/30-9/1)
- 1 ODP State Try-Out Registration Deadline
- 1 Cal North Cup Application Process Opens
- 2 75% League Registration money due to Cal North Office
- 7 BOD Meeting
- 14 ODP-GIRLS ONLY
- 21 ODP- BOYS ONLY
- 27-29 Tournament Weekend

## October 2014

- 1 Begin Accepting Coach of the Year Nominations.
- 1 Hall of Fame Nominations due to Cal North Office
- 1 Rule Change Proposals due to Cal North office
- 5 BOD Meeting
- 12 ODP-GIRLS ONLY
- 19 ODP- BOYS ONLY
- 25-26 Tournament Weekend
- TBD Application Deadline Jr Cup Festival

## November 2014

- 1 Application Deadline 5 PM - Founders' Cup & Association Cup U12 - U14
- 2 ODP-BOYS ONLY
- 9 ODP- GIRLS ONLY
- 28-30 Tournament Weekend
- 22-23 Jr Cup Festival U9-U11 Preliminary Round Games

## December 2014

- 6 DC Meeting
- 7 BOD Meeting
- 6-7 Jr Cup Festival U9-U11 Single Elimination Round Games
- 6-7 Tournament Weekend
- 13-14 Founders' Cup U12-U14 Preliminary Round Games
- 13-14 Tournament Weekend
- 20-21 Tournament Weekend
- 27-28 Tournament Weekend

## January 2015

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

## February 2015

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1	2	3	4	5	6	7
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15	16	17	18	19	20	21
22	23	24	25	26	27	28

## March 2015

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22	23	24	25	26	27	28
29	30	31				

## April 2015

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12	13	14	15	16	17	18
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26	27	28	29	30		

## January 2015

- 1 Application Deadline 5 PM - Founders' Cup U16 - U19 Association Cup U15-U19, Presidents Cup U12-U17 & State Cup U12-U18
- 2 Coach of the Year Nominations due to Cal North Office
- 3-4 Tournament Weekend
- 8-12 RIV ODP Championships (Arizona)
- 10-11 Founders' Cup U12-U14 Single Elimination Round Games
- 10-11 Association Cup U12-U14 Preliminary Round Games
- 10-11 Tournament Weekend
- 14-18 NSCAA & US Youth Soccer Convention (Pennsylvania)
- 17-18 Association Cup U12-U14 Single Elimination Round Games
- 30-1 Soccer Expo, League Presidents Workshop & AGM, Monterey, CA

## February 2015

- 14-16 Tournament Weekend
- 15 League Affiliation Agreements due to District Commissioners
- 21-22 Tournament Weekend
- 28 Founders' Cup U16-U19 Preliminary Round Games

## March 2015

- 1 Founders' Cup U16-U19 Preliminary Round Games
- 1 League Affiliations due to CYSA Office
- 1 BOD Meeting
- 7-8 Founders' Cup U16-U19 Single Elimination Round Games
- 7-8 State Cup and Presidents Cup U12-U13 Preliminary Round Games
- 7-8 Tournament Weekend
- 14-15 Tournament Weekend
- 14-15 State Cup and Presidents Cup U12-U13 Single Elimination Round Games
- 14-15 Association Cup U15-U19 Preliminary Round Games
- 21-22 Association Cup U15-U19 Single Elimination Round Games

## April 2015

- 11-12 Presidents Cup U14-U17 and State Cup U14-U18 Preliminary Round Games
- TBA Region IV TOPSoccer Symposium - WA
- 12 BOD Meeting
- 15 Application Deadline 5 PM-State Cup U19
- 18 Presidents Cup U14-U17 Single Elimination Round Games
- 19 Presidents Cup U14-U17 Championships
- 25-26 Tournament Weekend
- 25 State Cup U14-U18 Single Elimination Round Games
- 26 State Cup U14-U18 Championships

## May 2015

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

## June 2015

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7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

## July 2015

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			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
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## August 2015

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2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

## May 2015

- 3 BOD Meeting
- 16-17 State Cup U19 Preliminary Round Games
- 23-24 State Cup U19 Single Elimination Round Games
- 23-24 Tournament Weekend

## June 2015

- 5-7 ODP Sub Regional Event
- 6-7 Tournament Weekend
- 7 BOD Meeting
- 9-14 US Youth Soccer Region IV Presidents Cup - Snohomish, WA
- 15-21 US Youth Soccer Region IV Championships - Boise, ID
- 13-14 Tournament Weekend
- 20-21 Tournament Weekend
- 27-28 Tournament Weekend

## July 2015

- 4-5 Tournament Weekend
- 8-12 US Youth Soccer National Presidents Cup - Overland Park, KS
- 11-12 Tournament Weekend
- 18-19 Tournament Weekend
- 20-26 US Youth Soccer National Championships - Tulsa, OK
- 25-26 Tournament Weekend
- TBA Boys Region IV ODP Camp
- TBA Girls Region IV ODP Camp

## August 2015

- 1-2 Tournament Weekend
- 2 BOD Meeting
- 8-9 Tournament Weekend
- 15-16 Tournament Weekend
- 22-23 Tournament Weekend
- 29-30 Tournament Weekend



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# SAVE THE DATE

FEBRUARY 1ST, 2015

***CAL NORTH SOCCER EXPO***

PORTOLA HOTEL AND MONTEREY CONFERENCE CENTER

CHECK THE CAL NORTH WEBSITE FOR  
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# CAL NORTH HALL OF FAME

## HALL OF FAME INDUCTEES

1975	Don Greer	1995	Johnny Moore
1976	Harold Young	1996	Geneva McAlavey
1977	John Whittock	1997	Colin McDonald
1977	Ken Mullen	1998	Woodard "Woody" Niethammer
1979	Matthew Boxer	1998	John Doyle
1979	Umberto Abronzino	1999	Walter Zinko
1980	Joseph Belluzo	1999	Brandi Chastain
1980	Marino Mangiola	2000	Harry & Georgianne Miller
1981	Ernie Feibusch	2001	Claudine Desimone
1981	Douglas & Norrine Fields	2001	John Diest
1983	George Sundquist	2002	Charles "Chuck" Power
1983	Clay Berling	2003	Peter Jebens
1984	Addie Hamm	2003	Tisha Venturini-Hoch
1984	Oscar Litz	2004	Andrea Salvemini
1984	Mike Greer	2004	Troy Dayak
1985	Lucien Maccario	2006	Tiffany Roberts-Sahaydak
1985	James L. Kline	2007	Linda SoRelle
1986	Katherine Moore	2008	Tom Metry
1986	Gary Patton	2009	Gladys Olsen
1987	Robert Nessler	2010	Michelle Steiner
1988	Judy Bricker	2010	Jan Bull
1989	Lawrence Boldrini	2011	Brian & Joyce Leonard
1990	Egil Oftedal	2012	Stephanie Lopez-Cox
1992	Leroy Hord	2012	Megan Rapinoe
1993	Jack Salvemini	2013	Karl Dewazien
1995	Erwin Panusch	2013	Bob Asklof

### Hall of Fame Policies and Procedures

#### I. PURPOSE

To honor those individuals who have made outstanding contributions to youth soccer as a player, coach, referee, administrator or other youth soccer-related activities by worthy participants.

#### II. COMMITTEE ORGANIZATION

- A. The Chairman of Cal North shall appoint a Committee and name the Committee Chairman of the Committee. The Committee term is two (2) years.
- B. The Committee shall be composed of no less than three (3) and no more than seven (7) members, including the Chairman. The Committee members must have a thorough knowledge of the Cal North history and the game at all levels.

### **III. SELECTION PROCESS FOR NOMINATIONS**

- A. Nominee's selection shall be initiated by individual leagues or a member of the Cal North Board of Directors.
- B. Candidates may be nominated three (3) times. If not selected after three (3) nominations, they will not be given any further consideration unless recommended by the Hall of Fame Committee.
- C. Anyone nominated before this organization may be re-nominated by the Hall of Fame Committee.
- D. The nominee's resume shall be concise and reflect the chronology of major contributions and achievements.
- E. All resumes shall be typed on the Cal North Hall of Fame Nomination Form
- F. Completed nomination forms shall be sent to the Cal North office by October 1st. The nomination form shall be recorded at the office and copies shall be sent to the Hall of Fame Committee for review.
- G. The Committee will only accept resumes received by the Cal North office.
- H. The Committee shall make a decision on all nominees by November 1st.
- I. The Cal North Board of Directors shall make the final decisions on the nominee's recommended by the Committee.
- J. Installation of newly elected Hall of Fame members shall take place at the Soccer Expo weekend.

### **IV. CRITERIA FOR SELECTION**

The Cal North Hall of Fame nominee should reflect all contributions with the emphasis on Cal-North contribution.

- A. Cal North Hall of Fame Nominee
  1. Eligibility: To become eligible for nomination to the Cal North Hall of Fame, a minimum of fifteen (15) years in service to youth soccer, of which ten (10) years must be under the auspices of Cal North. A nominee currently serving on the Cal North Board of Directors is not eligible.
  2. Selection: The Hall of Fame Committee may select a maximum of two (2) individuals each year to the Hall of Fame, or it may choose to select none, if it is felt that the nominees proposed do not meet the qualifications.
- B. Cal North Hall of Fame Player Award
  1. Eligibility: All players nominated shall have distinguished themselves with a high standard of play under the guidance and auspices of Cal North, US Youth Soccer or USSF. This includes competition at the State Association level as a member of a team representing Cal North, US Youth Soccer of the USSF. Players shall be eligible for nomination five (5) years after completing their eligibility to play in youth soccer.
  2. Selection: The Hall of Fame Committee may select a maximum of two (2) players each year to the Hall of Fame, or it may choose to select none, if it is felt that the nominees proposed do not meet the qualifications.
- C. Cal North Meritorious Service Award
  1. Eligibility: Nominations for this Award are for individuals involved in soccer in non-playing capacities at Team, League, State, Regional, National or International Levels.
  2. Selection: Nominations may be made at any time.
- D. Cal North Special Commendation Award
  1. Eligibility: Same as above
  2. Selection: Same as above

### **V. AWARDS**

- A. Cal North Hall of Fame Nominee: Each individual inducted into the Hall of Fame shall receive a suitable award and certificate.
- B. Cal North Hall of Fame Player: Same as above
- C. Cal North Meritorious Service: Plaque and certificate
- D. Cal North Special Commendation: patch, pin or certificate

# INSURANCE COVERAGE SUMMARY

## ACCIDENT MEDICAL EXPENSE BENEFITS & ACCIDENTAL DEATH AND DISMEMBERMENT BENEFITS

### Explanation of Coverage

Term of Insurance: September 1, 2014 to September 1, 2015

#### **Insured Persons**

All registered team members, coaches, managers, referees, officials, and volunteers of the teams, leagues or of the association.

#### **Covered Activities**

Insured persons are covered for injuries (or death) resulting directly and independently of all other causes from accidents occurring while participating in the following covered activities:

- Scheduled games, team practice sessions or sponsored activities provided they are under the direct supervision of a team official; or sanctioned local or national tournaments as a member of a contestant team.
- Organized and supervised group travel as authorized by the Policyholder directly to and from a covered event.

#### **What Is Not Covered**

The plan does not provide coverage for: (1) intentionally self-inflicted injury; (2) air travel except as a fare-paying passenger on a regularly scheduled airline on a scheduled flight; (3) injuries resulting from other than Covered Activities; (4) loss resulting from sickness or disease, except bacterial infection which occurs through an accidental wound.

#### **Accident Medical Expense Benefits**

For reasonable necessary medical expenses, our Youth Soccer Medical Expense Insurance pays up to \$300,000 for injuries sustained in a Covered Accident. Dental injuries are treated like any other injury. Payment will not be made for any expenses incurred after 156 weeks of the accident date. An Expense is considered incurred on the date the Medical Care is rendered. A \$500 Deductible applies to each covered accident. Physical Therapy/Chiropractic benefit limit of \$50 per visit / \$2,000 maximum per injury.

"Injury" means bodily injury of an Insured Person resulting directly and independently of all other causes from an accident which occurs while he or she is participating in a Covered Activity. Sickness or disease (except pus forming infections which occur through an accidental cut or wound) of any kind will not be considered as bodily injury.

*Reasonable Expenses means usual and customary charges.*

#### **Accidental Death and Dismemberment Benefits**

The plan pays:

- \$10,000 for loss of life or loss of two or more members, which results from injuries sustained in an accident which occurred while participating in a Covered Activity.
- \$5,000 for loss of one member (hand, foot or eye), which results from injuries sustained in an accident

which occurred while participating in a Covered Activity.

- Such payment shall be in addition to any other indemnity payable to the date of loss, but only one amount, the larger amount applicable shall be payable for all such losses resulting from any one accident.
- "LOSS" shall mean, with respect to hands and feet, physical separation through or above the wrist or ankle joint; with respect to the eyes, entire and irrecoverable loss of sight.

### **Excess Coverage**

Accident Medical Expense insurance is provided on an "excess" basis. This means that after the insured player or coach has been reimbursed for medical expenses by other insurance programs, and after the deductible has been satisfied, the Youth Soccer Accident Medical Expense plan will pay up to the maximum Medical Expense benefit for remaining treatment, service and supply expenses. These other programs include group, blanket or franchise health insurance coverage, group hospital or medical service plans, and prepayment coverage; any coverage under labor-management trustee plans, union welfare plans, employer organization plans, and coverage under any governmental programs, coverage required or provided by any statute, and automobile reparations insurance (no-fault) coverage.

### **Claim Procedures**

For AD&D and Accident Medical Expense Claims, claim forms are available through your State Association, League or Club Offices. Detailed Accident Medical Expense claim instructions can be found on each claim form. In the event of injury requiring medical treatment, you should:

- Fully complete a claim form verified by a witness and submit it to your State Soccer Association for verification.
- Notice of claims must be filed within 30 days from the date of injury or as soon thereafter as is reasonably possible.

Youth Soccer Accident Medical coverage is provided on an "excess" basis. Therefore, charges must first be submitted to any other medical insurance carrier available to the participant.



CONSTITUTION AND BYLAWS  
GENERAL PROCEDURES  
SPECIFIC RULES  
PIMs

ITA 0 - URU 1



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# CONSTITUTION

## **1:01 NAME**

1:01:01 This Association shall be known as the California Youth Soccer Association, Incorporated, also referred to as “CYSA”. This Association is a tax-exempt organization under the laws of the United States, and shall maintain its tax-exempt status.

## **1:02 PURPOSE**

1:02:01 The purpose of this Association shall be to develop, promote and administer the games of outdoor and indoor soccer, among youth (boys and girls under nineteen years of age) within the northern California territory for the benefit and development of all youth as young men and women as the higher and greater purpose of youth soccer and not just as players.

1:02:02 The purpose of all Association members shall be to offer, regardless of race, color, religion, age, sex, national origin and/or ability, a soccer program to all youth (boys and girls under nineteen years of age) within their geographical area.

## **1:03 AFFILIATION**

1:03:01 This Association shall be an affiliated branch of and comply with the authority of the US Youth Soccer (USYS) and the United States Soccer Federation (USSF). To the extent permissible under applicable law, this constitution and bylaws shall be consistent with USSF, and USYS articles of incorporation and bylaws. To the extent permissible under applicable law, this Association and its members shall abide by USSF’s and USYS’s articles of incorporation and bylaws. CYSA will annually register with USSF and USYS players, team officials, and administrators who are registered with CYSA.

## **1:04 BOUNDARIES AND TERRITORIES**

1:04:01 The territory of this Association shall be that area of the state of California, south from the Oregon state line, to a line across the state, formed by the southern boundary line of the following counties: Monterey, Kings, Tulare, and Inyo.

1:04:02 The governing authority of this Association may create geographical sub-divisions, within the territory, which shall be known as “Districts”.

1:04:03 The governing authority of this Association shall sanction or create, geographical sub-divisions, within the districts, which shall be known as “Leagues”. At no time will there be more than one (1) league within the same geographical area, unless they are distinctly designated as outdoor and indoor leagues, except as provided in Article 1:05:02.

1:04:04 District boundaries shall be fixed and/or modified, by the governing authority of this Association, before, but no later than, the first of February of the preceding seasonal year.

**1:05 MEMBERSHIP**

1:05:01 Membership in this Association shall be by affiliated leagues consisting of sufficient registered players to form a minimum of four (4) teams in three (3) age groups for play within their own league. No indoor team can be counted as an outdoor team and no outdoor team can be counted as an indoor team. No team may apply for membership directly to this Association. Team registration must come through an affiliated league. The recognized administrative bodies, within this Association, are those of designated League Administrations. Participation in the activities of this Association and its affiliated leagues shall be open to any soccer player, coach, trainer, manager, administrator and official, provided such person is not barred from participation by CYSA, affiliated leagues, USSF, or USYS.

*Please refer to PIMs 78-1 and 93-1 for additional information.*

1:05:02 Special membership may be granted to a “District League.” Such membership may be granted only under the following special provisions.

- A. Lack of players and/or teams exist within, or in part of, a district to individual leagues and a district league would serve to provide a temporary vehicle of organized play until development allows the establishment of independent leagues.
- B. Affiliated leagues within a district wish to form a district playing league for inter-league team competition to compliment their own league activities and responsibilities.

1:05:03 All member leagues, their teams and players, shall abide by the Constitution and Bylaws of the California Youth Soccer Association, the United States Youth Soccer and the United States Soccer Federation; all General Procedures and Specific Rules as set forth by the Board of Directors and all applicable rules and regulations of the United States Youth Soccer and the United States Soccer Federation.

1:05:04 Any applicant for membership in this Association, shall submit yearly, with the appropriate fee(s):

- A. A properly completed League Affiliation form. In the case of an established league, this affiliation form shall be submitted by the first (1st) of March of the preceding season.
- B. Properly completed CYSA Membership Form and a Team Roster, prepared in accordance with the current registration instructions and procedures.

*Please refer to PIMs 93-1 and 10-1 for additional information.*

1:05:05 Annual fees for players are due and payable, unless otherwise provided for by the Board of Directors, at the time of, but no later than, such player’s first team or league practice and/or game. Teams are not considered registered until all of that team’s player fees are paid.

1:05:06 All bank checks, drafts and/or money orders submitted to this Association, shall be made payable to the California Youth Soccer Association or to “CYSA.”

1:05:07 All member leagues shall be responsible for governing those persons and their actions associated with their operations. Teams shall abide by the league rules under which they are registered and in which they are playing.

1:05:08 Falsification of records shall be grounds for disbarment from future participation and/or membership in this Association.

*Please refer to PIM 08-3 for additional information.*

1:05:09 A plea of ignorance to the Constitution, Bylaws, General Procedures, Specific Rules and Policy Interpretation Memoranda of this Association, the United States Youth Soccer and the United States Soccer Federation is not sufficient and violators may expect appropriate action by the Board of Directors of this Association.

1:05:10 Any person found guilty of violating the Constitution, Bylaws, General Procedures, Specific Rules and Policy Interpretation Memoranda of this Association, the United States Youth Soccer and the United States Soccer Federation may be asked to appear before the Board of Directors of this Association in order to explain his/her action.

*Please refer to PIM 08-3 for additional information.*

1:05:11 All non-member teams or leagues who are not part of an organization recognized by the United States Soccer Federation, within the territorial jurisdiction of this Association, shall be deemed as an “Unaffiliated Organization.” Any registered team or affiliated league playing games or “doing business” with an unaffiliated organization, without written consent of the Board of Directors, shall face disciplinary action and/or suspension by the Board of Directors. Teams and individuals not formed under a league affiliated with CYSA may be allowed to participate in CYSA events upon complying with CYSA Board of Director requirements.

1:05:12 Players, near the territorial limits of this Association, may be given permission to affiliate with other recognized Associations as outlined in USSF Rules.

## **1:06 AUTHORITIES**

1:06:01 This Association shall be governed by its Constitution and Bylaws; any Specific Rules and Procedures adopted by the Board of Directors, and the Rules established by the United States Youth Soccer (USYS) and the United States Soccer Federation (USSF).

- A. This Association shall provide annually to the USSF Secretary General: (1) copies of its constitution, bylaws, and governing documents; (2) any changes to its constitution, bylaws, and governing documents within 90 days of their adoption; (3) a report on its activities; and (4) its most currently completed financial statement no later than 90 days of USSF’s seasonal year.
- B. Copies of this Association’s constitution, bylaws, and governing documents shall, upon reasonable request, be made, available to members.
- C. This Association will allow USSF, upon reasonable request, to review its basic documents and procedures as may reasonably be required to determine compliance with USSF Constitution and bylaws.

1:06:02 The governing authority of this Association whose powers shall be designated in the Bylaws, shall be vested with the Board of Directors of this Association.

1:06:03 The governing board, hereinafter to be known as the “Board of Directors,” shall be comprised of the District Commissioners plus the Chairman, 1st Vice Chairman, 2nd Vice Chairman, 3rd Vice Chairman, Past Chairman, Secretary, Chief Financial Officer, and other Members-at-Large; but in no case will the Board of Directors exceed twenty-one (21) members.

## **1:07 ANNUAL MEETING**

1:07:01 The CYSA Chairman shall call an Annual General Meeting (AGM) of the members to be held during the month of January, February, March, April or May and, not less than thirty (30) nor more than ninety (90) days before the meeting, shall give written notice of the date, time, place and purpose of the meeting to each affiliated league and each member of the Board of Directors.

1:07:02 The order of Business, at the Annual General Meeting, shall be as follows:

- A. Call to Order
- B. Roll Call
- C. Credentials Report
- D. Introduction of Guests
- E. Acceptance of Minutes of the previous AGM
- F. Reports:
  1. Chairman
  2. a) Chief Financial Officer  
b) Independent Auditors Report
  3. Secretary
  4. Executive Director
  5. District Commissioners
  6. Committees
- G. Unfinished Business
- H. Proposals for change to Constitution, Bylaws, and/or General Procedures and Specific Rules
- I. New Business
- J. Good of the Game
- K. Adjournment

1:07:03 The Board of Directors will annually recommend to the membership, the procedures and rules required for affiliated leagues, registered teams and/or registered players, for ratification at the Annual General Meeting. Any changes in existing procedures and rules, being recommended by the Board of Directors, shall be forwarded, in writing, to all member leagues, at least sixty (60) days prior to the Annual General Meeting. The Board shall also have the authority to set fees on an annual basis as part of the annual budgeting process for the upcoming seasonal year. The association shall annually notify all member leagues of those fees by October 31.

1:07:04 Each affiliated league shall be entitled to one (1) one vote for every 500 players or fraction thereof that are, on the 60th calendar day before the date of the Annual Meeting, properly registered, including the payment of registration fees, and in good standing with the affiliated league and with CYSA. Voting by proxy shall not be allowed. The Chairman of this Association shall cast a vote only in case of a tie.

1:07:05 A quorum shall consist of any number of members present at the Annual General Meeting.

1:07:06 In the event there are two or more rule change proposals, or resolutions that are to be voted on at the Annual General Meeting of the California Youth Soccer Association that conflict with each other: the rule change proposal that receives the greatest number of “yes” votes shall prevail providing that it receives a two thirds majority of those voting, in the case of resolutions that conflict, the resolution that receives the greatest number of “yes” votes shall prevail, providing that it receives a majority of those voting.

## **1:08 CHANGES**

1:08:01 Any affiliated league, the Board of Directors and any member of the Board of Directors may submit proposed changes to the existing Constitution and Bylaws; Specific Rules and Procedures adopted by the Board of Directors. Proposed changes shall be submitted to the CYSA Office no less than 120 days prior to the AGM.

1:08:02 Amendments to the Constitution, Bylaws, Rules and Procedures of this Association shall be made at the Annual General Meeting of the membership, except in such cases as specified in the Bylaws of the Association, the United States Youth Soccer Association and the United States Soccer Federation.

1:08:03 An amendment shall be deemed adopted by an affirmative vote of two-thirds of the members attending and voting at the Annual General Meeting.

1:08:04 Any and all amendments to the Constitution, Bylaws, General Procedures, and Specific Rules of this Association, adopted at the Annual General Meeting, shall become effective at the beginning of the seasonal year immediately following the Annual General Meeting.

- A. Teams shall be governed by the rules of the seasonal year for which they are registering.
- B. Events (games, tournaments, etc.) shall be governed by the rules of the seasonal year for which their participants are registered.

### **1:09 SPECIAL MEMBERSHIP MEETING**

1:09:01 The Board of Directors may by a two-thirds vote call a special meeting of the members to be held not less than 60 days nor more than 120 days from the date of the call by the Board of Directors. Not less than thirty (30) days nor more than ninety (90) days before the meeting, each affiliated league, each of its registered teams, and each member of the Board of Directors shall be given written notice of the date, time, place and purpose of the meeting. The purpose of the meeting may include proposed changes to the Constitution, Bylaws, General Procedures, and Specific Rules of this Association approved for proposal by a two-thirds vote of the Board of Directors.

1:09:02 Voting at a Special Membership Meeting shall be as specified in section 1:07:04 and a quorum shall be as specified in section 1:07:05.

1:09:03 Proposed changes to the Constitution, Bylaws, General Procedures, and Specific Rules of this Association shall be deemed adopted at a Special Membership Meeting by an affirmative vote of two-thirds of those eligible to vote attending and voting at the Special Membership Meeting.

1:09:04 Changes to the Constitution, Bylaws, General Procedures, and Specific Rules of this Association and any other matter adopted at a Special Membership Meeting shall become effective immediately unless an effective date is specified in the proposal adopted.

### **1:10 RULES OF ORDER**

1:10:01 The rules contained in Robert's Rules of Order shall govern this Association in all cases in which they do not conflict with the Constitution, Bylaws, General Procedures and Specific Rules of this Association, the United States Youth Soccer Association and the United States Soccer Federation.

### **1:11 COLORS**

1:11:01 The representative colors of this Association shall be blue and gold.

### **1:12 DISSOLUTION**

1:12:01 Should this Association be dissolved, all assets remaining after payment of all debts shall be turned over to the United States Youth Soccer Association for the express purpose of the development of youth soccer.



# BYLAWS

## 2:01 BOARD OF DIRECTORS

The Association shall have a Board of Directors elected through an open and democratic process as described in this Article 2.

2:01:01 The District Commissioners of this Association shall elect an Executive Committee, composed of the CYSA Chairman, 1st Vice Chairman, 2nd Vice Chairman, 3rd Vice Chairman, Secretary and Chief Financial Officer, who shall serve for a period of two (2) years. The Executive Committee shall be elected to staggered terms of office. The Chairman, 2nd Vice Chairman and Chief Financial Officer shall be elected to take office on the 1st of January of even numbered years. The 1st Vice Chairman, 3rd Vice Chairman and Secretary shall be elected to take office on the 1st of January of odd numbered years. The District Commissioners shall also elect annually among themselves, a District Commissioner Representative, who shall serve on the Executive Committee. The immediate Past Chairman shall hold the position of Chairman until the new Chairman is elected.

- A. Chairman – The Chairman shall conduct all meetings of the Board of Directors and shall cast a vote only in the case of a tie. The Chairman shall appoint at the beginning of each season, as appropriate and subject to the approval of the Board of Directors, the Standing Committees and/or the Committee Chairmen, who do not fall under the jurisdiction of the 1st Vice Chairman, 2nd Vice Chairman or 3rd Vice Chairman. Committee Chairmen may be removed for cause before the end of their term by a majority vote of the Board of Directors. The Chairman shall also appoint Members-at-Large, as appropriate and subject to the approval of the Board of Directors, for a one-year period. The Chairman shall also be responsible for such other duties as directed by the Board of Directors. The Chairman shall be deemed the “Lead Chairman” with respect to the Long-Range Planning Committee.
- B. 1st Vice Chairman – Vice Chairman for Administration and Internal Review - In the absence of the Chairman, the Vice Chairman for Administration and Internal Review shall preside at meetings of the Board of Directors. The Vice Chairman for Administration and Internal Review shall be responsible for the Protest and Appeals Committee, Registration Committee, Rules and Revisions Committee and the Internal Review Committee. The Vice Chairman for Administration and Internal Review shall appoint, as appropriate and subject to approval of the Board of Directors, those Committee Chairmen under his/her jurisdiction. The Committee Chairman’s term shall be 2 years and run concurrently with the Vice Chairman’s. Committee Chairmen may be removed for cause before the end of their term by a majority vote of the Board of Directors. The Vice Chairman for Administration and Internal Review shall also be responsible for such other duties as directed by the Board of Directors.
- C. 2nd Vice Chairman – Vice Chairman for Coach and Player Development. In the absence of the Chairman and the 1st Vice Chairman, The Vice Chairman for Coach and Player Development shall preside at meetings of the Board of Directors. The Vice Chairman for Coach and Player Development shall be responsible for the Coaching Committee, Olympic Development Committee, Recreation Committee and the Referee Committee. The Vice Chairman for Coach and Player Development shall appoint as appropriate and subject to the approval of the Board of Directors those Committee Chairmen under his/her jurisdiction. The Committee Chairman’s term shall be 2 years and run concurrently with the Vice Chairman’s. Committee Chairmen may be removed for cause before the end of their term by a majority vote of the Board of Directors. The Vice Chairman for Coach and Player Development shall also be responsible for such other duties as directed by the Board of Directors.
- D. 3rd Vice Chairman – Vice Chairman for Competition Programs. In the absence of the Chairman, the Vice Chairman for Administration and Internal Review, and the Vice Chairman for Coach and Player

Development, the Vice Chairman for Competition Programs shall preside at meetings of the Board of Directors. The Vice Chairman for Competition Programs shall be responsible for the Association Cup Committee, the Premier Program Committee, the State Cup Committee and the Tournament Committee.

The Vice Chairman for Competition Programs shall appoint as appropriate and subject to the approval of the Board of Directors those Committee Chairmen under his/her jurisdiction. The Committee Chairman's term shall be 2 years and run concurrently with the Vice Chairman's. Committee Chairmen may be removed for cause before the end of their term by a majority vote of the Board of Directors. The Vice Chairman for Competition Programs shall also be responsible for such other duties as directed by the Board of Directors.

- E. Secretary – The Secretary shall keep an accurate record of all meetings. The Secretary shall be responsible also for the preparation of the annual report. The Secretary shall also be responsible for such other duties as directed by the Board of Directors.
- F. Chief Financial Officer – The Chief Financial Officer shall give a receipt for all moneys which shall be deposited in a recognized bank in the name of this Association. All accounts shall be paid by check and shall bear two (2) signatures: The Chief Financial Officer and/or the Chairman, 1st Vice Chairman, 2nd Vice Chairman, 3rd Vice Chairman, Secretary, or Executive Director. The receipt book and vouchers shall be produced when required by the Board of Directors, properly balanced according to the bank book or statement, whichever is up-to-date. The Chief Financial Officer shall be responsible also for the preparing of any and all papers pursuant to the Articles of Incorporation and Tax Exemption status of the Association. The Chief Financial Officer shall be bonded by a reputable bonding agency. In the event the Chief Financial Officer becomes unavailable for fifteen (15) days, the Chairman and one of the other authorized signatures will be required. At no time shall any related parties be the two (2) signatures on a check, regardless of to whom the check is payable. The Chief Financial Officer shall also be responsible for such other duties as directed by the Board of Directors.
- G. The District Commissioner Representative shall represent all other District Commissioners whenever and wherever called upon. The District Commissioner Representative shall also be responsible for such other duties as directed by the Board of Directors.

2:01:02 The Board of Directors shall be responsible for and have sole authority for the following:

- A. Enforcing and interpreting the Constitution, Bylaws, General Procedures and Specific Rules of this Association, the US Youth Soccer and the United States Soccer Federation.
- B. Approving registered teams and affiliated leagues.
- C. Approving all international youth games with member teams and/or Olympic Development teams.
- D. Approving any interstate play.
- E. Approving the formation and operation of all youth cup games.
- F. Shall, from time to time, make temporary rules or regulations for specific cases or occasions not provided for in the Constitution, Bylaws, General Procedures, or Specific Rules, but which are deemed necessary, by the Board of Directors, to carry out the objectives of this Association or to comply with the rules and regulations of the US Youth Soccer and/or the United States Soccer Federation.
- G. To review and approve League Constitution and Bylaws and ensure consistency with the CYSA Constitution, Bylaws and General Procedures and Specific Rules.

2:01:03 The Board of Directors shall have the right and authority to suspend, bar completely or otherwise discipline any player, coach, manager, team assistant, league officer or referee from any member team, league or organization with the proper hearing.

*Please refer to PIM 08-3 for additional information.*

2:01:04 During his/her term of office, a member of the Board of Directors may not hold a position on the board of directors of any affiliated league. Upon accepting the position as a member of the Board of Directors, a league officer shall surrender his/her league office within a period of thirty (30) days.

2:01:05 Any member of the Board of Directors may resign effective upon the date and time specified in a written notice given to the CYSA Chairman. In the event the resignation creates a vacancy on the Executive Committee, the CYSA Chairman shall immediately give written notice to the District Commissioners of the vacancy and of the date, time and place of a meeting of the District Commissioners to be held, not less than thirty (30) nor more than sixty (60) days after the effective date of the resignation, for the purpose of filling the unexpired term of the vacated office.

2:01:06 The Board of Directors shall have by two thirds vote of those members present the authority to remove, with cause, any member of the Board of Directors with the proper hearing. Notice of said hearing shall be given, in writing, at least 14 days prior to the hearing. Cause shall be deemed as not performing one's duties as set forth by the Constitution and Bylaws or being found guilty of conduct that is detrimental to the purpose of this Association. When a position is declared vacant, the Board of Directors shall call for an election of a new member of the Board of Directors within a period of sixty (60) days of said declaration.

## 2:02 MEETINGS

*Please refer to PIM 91-2 for additional information.*

2:02:01 Regular meetings of the Board of Directors shall be held at least six (6) times per year by the call of the Chairman with consent of a majority of the Board of Directors. The agenda for regular meetings shall be as follows:

- A. Call to Order
- B. Roll Call
- C. Introduction of CYSA Staff and Guests
- D. Minutes
- E. Correspondence
- F. Chairman's Report
- G. Executive Committee Report
- H. Chief Financial Officer's Report
- I. Office Status Report
- J. District Commissioner Representative Report
- K. Old Business
- L. New Business
- M. Good of the Game
- N. Adjournment

2:02:02 The Board of Directors shall meet whenever the Chairman deems it necessary, or if he/she is instructed to do so by four (4) or more members of the Board of Directors.

2:02:03 The members of this association will be sent an agenda and minutes of all regular meetings of the Board of Directors of this Association. Agendas and minutes may be either mailed or posted on the official CYSA Web Site in a timely manner.

2:02:04 All regular meetings of the Board of Directors shall be open to the general membership and reasonable seating shall be provided, in a reasonable space, for every member in attendance.

The Agenda for each regular meeting shall be posted on the CYSA website not later than seven (7) days prior to each meeting date. Ratified meeting minutes must be posted no later than 48 hours after ratification.

The meeting shall only go into a "Closed Session" under the following circumstances:

- A. The confidentiality of a minor is at issue
- B. The confidentiality of a member during a disciplinary or protest/appeals hearing is at issue (unless said member waives his/her right to confidentiality)
- C. Issues surrounding pending civil or criminal litigation that prohibits a public discussion of the subject.

### **2:03 QUORUM**

2:03:01 At all meetings of the Board of Directors, fifty percent (50%) of the Board of Directors membership shall constitute a quorum for the transaction of business.

### **2:04 EXECUTIVE COMMITTEE**

2:04:01 The Executive Committee of this Association shall be composed of the CYSA Chairman, 1st Vice Chairman, Second Vice Chairman, 3rd Vice Chairman, Secretary, Chief Financial Officer, and District Commissioner Representative.

2:04:02 The Executive Committee shall serve between Board of Directors meetings for either emergencies or to dispose of duties bestowed upon the Executive Committee by the Board of Directors. All actions by the Executive Committee must be ratified by the Board of Directors at their next scheduled meeting after such Executive Committee meeting(s).

### **2:05 STANDING COMMITTEE**

2:05:01 The following Standing Committees are hereby established and the Chairman of each committee shall be appointed for a two year term and that terms shall coincide with the appropriate lead Chairman:

1. Budget Committee
2. Coaching Committee
3. Long Range Planning Committee
4. Olympic Development Committee
5. Protest and Appeals Committee
6. Recreation Committee
7. Referee Committee
8. Registration and Credentials Committee
9. Rules and Revisions Committee
10. Cups Committee
11. Tournament Committee
12. CYSA Cal Soccer League Committee
13. TOPSoccer Committee

### **2:06 DISTRICT COMMISSIONERS**

2:06:01 A District Commissioner shall be elected to administer each district and his/her election shall automatically confer upon him/her, a seat upon the Board of Directors. A District Commissioner shall be elected by a majority of the eligible voting members of each district, for a period of two (2) years, to represent his/her district on the Board of Directors of this Association.

2:06:02 A league is entitled to vote for a District Commissioner based on its status as an affiliated league for the current seasonal year.

2:06:03 Each affiliated league shall have one vote for every five hundred (500) duly registered players or fraction thereof, for voting powers for the purpose of the election or removal of their own District Commissioner.

*Please refer to PIM 08-2 for additional information.*

2:06:04 The District Commissioner shall be elected in alternate years, so that there shall be, at no time, a completely

newly elected Board of Directors: even numbered districts (e.g., Districts 2,4,6,8 and 10) shall elect their District Commissioner to take office in even-numbered years and odd-numbered districts (e.g., Districts 1,3,5,7 and 9) shall elect their District Commissioners to take office in odd-numbered years.

2:06:05 Elections of District Commissioners shall be held at least sixty (60) days prior to the end of the calendar year. For extenuating circumstances, this period may be reduced to 30 days by the Board of Directors. The term of office shall commence upon the official resignation of the previous District Commissioner but no later than January 1 of the next calendar year.

2:06:06 The District Commissioner shall represent his/her district to CYSA and he/she shall have direct authority over his/her district as prescribed by the Bylaws of this Association:

- A. Within any district, the District Commissioner may designate assistants to aid him/her in the performance of his/her duties.
- B. A District Commissioner shall designate a representative from his/her district to represent him/her at all meetings of the Board of Directors of this Association in the event of the District Commissioner not being able to attend the meeting. It shall be the duty of the Commissioner to prepare the individual taking his/her place at the meeting with all information pertaining to the meeting that has been sent to the Commissioner in advance of the meeting.
- C. The District Commissioner shall submit a list of his/her assistants, to the office of this Association, for inclusion in the association directory.

2:06:07 The duties of the District Commissioners shall include the following:

- A. He/she shall be thoroughly familiar with the Constitution, Bylaws, General Procedures and Specific Rules of CYSA and the insurance programs for youth soccer, so as to be in a position to interpret same. Where there is doubt in his/her mind, a ruling should be obtained from the Chairman of this Association.
- B. Report in writing to the Chairman concerning progress, etc., in his/her area prior to the Annual General Meeting.
- C. Be present at all meetings of this Association, unless otherwise excused.
- D. Be present at the Annual General Meeting of all leagues within his/her area, to advise, when requested, on the procedures for the election of league officers and the proper procedures for the administration of league business.
- E. Keep a record of leagues within his/her district to see that all teams and players will and are able to be properly registered within such leagues or any neighboring league and/or district (under Section 3:07:02) if special circumstances should so warrant.
- F. When requested, attend league meetings in his/her area for the purpose of advising proper league procedures and the interpretations of the CYSA Constitution, Bylaws, General Procedures and Specific Rules.
- G. Keep a record of youth registration forms within his/her district to see that all players are properly registered on CYSA Youth Registration forms and check proof of players birth dates by birth certificates, if needed.
- H. Supervise and appoint persons to handle cup games, Olympic Development games and inter-district competitions in his/her area. Attend, or appoint a representative to attend games and see that the requirements are being fully met.
- I. Supervise public relations in his/her area.
- J. Promote adult interest in the youth soccer program and recruit desirable persons to assist in the development of the game.

*Please refer to PIMs 79-2, 79-3, and 89-1 for additional information.*

2:06:08 Twenty-five (25) percent of the affiliated leagues within a district may request a hearing for the removal of their District Commissioner. A District Commissioner may be removed for cause by a majority vote of the eligible voting members of the district present. Notice of said hearing shall be given in writing at least 14 days prior to the hearing. Cause shall be deemed as not performing one's duties as set forth by the Constitution and Bylaws.

2:06:09 When a District Commissioner's position is declared vacant, the Board of Directors shall call for an election of a new District Commissioner within a period of sixty (60) days of said declaration. If such election is not held, the Executive Committee of this Association, with confirmation by the Board of Directors, shall appoint a District Commissioner for said vacancy. The newly elected or appointed District Commissioner shall serve out the remainder of the unexpired term of office of the District Commissioner who has left office.

### **2:07 FINANCIAL RESPONSIBILITY**

2:07:01 This Association shall not assume, nor be liable for, the debts and/or the financial responsibilities, either implied or incurred, of any player, coach, manager, team assistant, league official, or referee from any member team, league, or organization.

2:07:02 The Audit Committee will be established during the new business session of the Annual General Meeting. This committee is to be comprised of two members from within the ranks of District Commissioners and two members from two separate duly affiliated leagues. No member of the audit committee can serve more than two consecutive years. The Audit Committee is to meet no less than four (4) times per year. The committee shall be directed by the Board of Directors of this Association to review the finances of the various state run programs (State Cup, Association Cup, Premier, etc.). The committee shall review the revenues and expenses of the designated program(s) watching for mismanagement, more fiscally sound ways of doing business and overall feasibility of the program.

### **2:08 SEXUAL AND PHYSICAL ABUSE**

2:08:01 This Association opposes sexual and physical abuse. To the extent permissible under applicable law, the Board of Directors and members shall adopt procedures consistent with this policy consistent with criteria established by USSF.

### **2:09 LIABILITY PROTECTION**

2:09:01 All officers of this Association and officials of member teams and leagues shall be covered against personal liability claims by the California Youth Soccer Association for performing acts and duties directly related to the work of this Association.

### **2:10 SEASONAL YEAR**

2:10:01 The seasonal year shall be from September 1 through August 31. Insurance coverage shall be for the same period of time.

# GENERAL RULES

## 3:01 AUTHORITIES AND RESPONSIBILITIES

3:01:01 The rules contained herein shall govern members of this Association in all cases to which they are applicable and in which they are not inconsistent with the Constitution and Bylaws of this Association, the US Youth Soccer (USYS) and the United States Soccer Federation (USSF). All competition shall be governed by the rules stated herein unless the rules of a specific competition determine otherwise. Rules of play, except as provided by US Youth Soccer (USYS) and its affiliates, the FIFA “Laws of the Game” shall apply to any and all competitions sponsored by the Association.

3:01:02 Districts and Leagues may deem fit to include rules and regulations more stringent than those included herein, but in no case may rules and regulations be less stringent. Districts and Leagues must submit their rules and regulations for review and approval by the Board of Directors of this Association.

3:01:03 Each team shall be responsible for the conduct of its players, coach, manager, team assistants and parents and it is the responsibility of each team to ensure that its actions, on or off the field, do not bring disrespect upon this Association. Each league shall be responsible for the conduct of those persons associated with its operations and it is the responsibility of each league to ensure that its actions do not bring disrespect upon this Association.

## 3:02 REGISTRATION PROCEDURES

*Please refer to PIM 10-1 for additional information.*

3:02:01 All players, team officials, and administrators shall annually register with CYSA and timely pay all dues and fees.

3:02:02 Any player may register with any affiliated League in any District within this Association without restriction by the CYSA Board of Directors, its members, its program administrators, its Districts, or its affiliated leagues. This section does not change the right and authority of leagues to, among other things, establish the rules governing the players, team officials, and teams registered with the league, including the right and authority of leagues not to accept any person as a team official or any player the league chooses not to accept.

3:02:03 The rostering of a player to a CYSA team binds the player to that team for the seasonal year unless the player is granted a transfer or a release.

3:02:04 Each member league shall be responsible for ensuring proper registration of the players, team officials (i.e.: coach, assistant coach, team manager, and team official, etc.) and teams, proper accounting of fiscal transactions and accurate reporting to the District Commissioner and/or his/her appointed District Assistant within the time frames that have been set by CYSA.

3:02:05 This Association shall have first call on all players registered with the Association.

3:02:06 Each team official (i.e., coach, assistant coach, team manager and team official) shall be registered with this Association and have a proper US Youth Soccer Membership Pass.

All team officials (i.e., coach, assistant coach, team manager, team official and trainers shall have completed the proper and current CYSA Team Official Registration and Risk Management Disclosure Form.

*Please refer to PIM 10-1 for additional information.*

**3:03 LIMIT DEFINITION**

3:03:01 The term “youth” as applied to the Constitution, Bylaws, General Procedures and Specific Rules of this Association, the US Youth Soccer (USYS), and the United States Soccer Federation (USSF), shall mean a youth player who has not reached the age of nineteen (19) years prior to August 1st immediately preceding the start of any seasonal year in which they apply for registration.

3:03:02 All leagues, unless otherwise sanctioned by the Board of Directors of this Association, shall divide play among teams of equal age groupings: Leagues may set up their teams in age groups that are beneficial for their own program (single age groups, multi-age groups, etc.) The teams when registered will be registered by the proper grouping determined by the birthdate of the oldest player on the team. Teams will enter competition, playing in their proper age group as registered or higher.

*Please refer to PIM 10-1 for additional information.*

**3:04 SENIOR TRIAL GAMES**

3:04:01A youth player will be permitted to play an unlimited number of senior games without losing his/her youth eligibility. The youth player must obtain permission from his/her youth coach or other authorized team official. The coach or authorized team official shall, in writing or by form, request eligibility clearance from this Association. The youth coach or other authorized team official must, in writing, or by form, request permission from the California Soccer Association-North (senior board). When the above clearance and permissions have been granted, the California Soccer Association-North has sole discretion in permitting a youth player to play senior games and will be responsible for establishing the procedure under which this will be implemented.

*Please refer to PIM 78-4 and PIM 90-1 for additional information.*

3:04:02 Any youth playing for a senior club without the approval of the Board of Directors of this Association shall be declared ineligible for youth games. Any youth team using such ineligible player shall forfeit all games in which that player took part by a score of 1-0.

**3:05 PLAYING WITH PROFESSIONAL PLAYERS**

3:05:01 Any player signing a “Letter of Intent,” a professional contract or playing with a professional team, without the permission of the Board of Directors of this Association, shall be declared a professional player and shall lose all privileges of youth amateur status.

3:05:02 The Board of Directors of this Association may grant youth amateur player permission to play in benefit or exhibition games only, where professional players are involved. Permission must be requested in writing.

3:05:03 A player who has signed a “Letter of Intent,” a contract, or played in any game where professional players are involved without prior permission of the Board of Directors of the Association, will not be permitted to be reinstated to youth amateur status

**3:06 PROTEST AND APPEALS PROCEDURE**

3:06:01 In the matter of protests and appeals, no person(s) associated with the operations of this Association at any level (team, league, district, or state) may invoke the aid of the courts of any state or of the United States without first exhausting all available remedies within CYSA/USYS/USSF, including a final appeal to the USSF Council at the Annual General Meeting.

3:06:02 For violation of 3:06:01, the offending party(ies) shall be subject to the sanctions of suspension and fines, and shall be liable to CYSA/USYS/USSF for all expenses incurred by CYSA/USYS/USSF in defending each court action, including but not limited to the following:

1. Court costs
2. Attorney fees
3. Reasonable compensation for time spent by CYSA/USYS/USSF officers and employees in responding to and defending against allegations in the action, including responses to discovery and court

appearances.

4. Expenses
5. Expenses for holding special CYSA/USYS/USSF meetings necessitated by the court action.

3:06:03 Only violations of the Constitution, Bylaws, General Procedures and Specific Rules of this Association, the US Youth Soccer (USYS) and the United States Soccer Federation (USSF), including the right of individuals to participate and compete, misapplication of the “Laws of the Game” for outdoor soccer and the “Official Indoor Soccer Rules” for indoor soccer, or violations of league rules and regulations, provided the latter are within the framework of the constitution, Bylaws, General Procedures, and Specific Rules of this Association, the US Youth Soccer (USYS) and the United States Soccer Federation (USSF), shall be proper subjects to be considered for action.

3:06:04 In all league matters, the league management within each district shall provide procedures for protests and the hearing of an appeal. Within those procedures all parties to the appeal shall be given written notification at least seven (7) days prior to the hearing and not until that procedure has been completed and an adverse decision rendered on the matter in question, will it be forwarded to the Protest and Appeals Committee of this Association. Upon rendering a decision the league shall forward a copy of its evidence, findings and decision to the office of this Association for future reference. All pertinent data must be forwarded within fourteen (14) days of the league decision.

3:06:05 Should any person, team, or league desire to appeal any adverse decision; communication shall be from the league to the District Commissioner; from the District Commissioner to the CYSA Protest and Appeals Committee; from the CYSA Protest and Appeals Committee to the next higher level.

3:06:06 Should any hearing body choose not to hear a protest or appeal, that body may, if they desire, refer the matter directly to the next higher authority.

3:06:07 Upon receipt of any adverse decision, appeal may be made to the next higher authority including an appeal to a validly constituted Appeals Panel of USSF that has jurisdiction to approve, modify or reverse the matter. Please refer to PIM 08-3 for additional information.

3:06:08

1. Protest and appeals are to be in writing and describe in detail the grounds for the appeal. Protests and appeals will be sent to the appropriate league/District Commissioner/CYSA, depending on the level the appeal is being directed, and shall be postmarked within seventy-two (72) hours (Sundays and holidays excluded) following receipt of league/district disciplinary decision being protested or appealed. The proper fee must be enclosed.
2. The protest or appeal sent to CYSA shall include all supporting documentation. Documentation must include the CYSA Notice of Appeal and copies of all previous decisions in the matter. The appealing party will follow the instructions for appeal/protest submission outlined on the CYSA Notice of Appeal.
3. The protest or appeal fee shall be established at two hundred dollars (\$200.00) for items arising before the Protest and Appeals Committee.
4. The protest or appeal fee shall be returned if the protest or appeal is upheld. This fee shall be retained if the protest or appeal is denied, unless the Protest and Appeals Committee is overruled by a higher authority.

3:06:09 The Chairman of the Protest and Appeals Committee shall set a date for the hearing of the appeal. Such a date shall be within thirty (30) days of receipt of said appeal. All parties to the appeal shall be given written notification at least seven (7) days prior to the hearing.

3:06:10 The Protest and Appeals Committee of this Association shall consider all pertinent information arising out of an appeal of a league or district disciplinary action. The parties involved shall have the opportunity to present their case. The decision of the Protest and Appeals Committee of this Association shall be conveyed, in writing, to the party initiating the appeal within seven (7) days of the decision. This decision may be appealed as outlined in USSF Bylaw 705 for appeals beyond the state level. A copy of the decision along with all pertinent information and findings, shall be filed with this Association and the involved league.

3:06:11 Decisions rendered by protest and appeals committees shall stand, and be complied with, until such a time as they are overturned by a higher authority.

Please refer to PIM 08-3 for additional information.

### **3:07 INSURANCE**

3:07:01 All injuries, to be claimed against the medical insurance program, shall be completely reported on the proper insurance claim form. This form shall be obtainable through the CYSA office.

3:07:02 All completed reports on injuries shall be submitted to this Association's office within thirty (30) days of the injury.

3:07:03 The Association shall, upon written request, provide member leagues with a copy of the liability and medical insurance policies covering players, coaches, managers, and league board members.

3:07:04 Insurance coverage will be in effect for a newly registered player upon the payment of registration fees to the league. A player that has been registered the previous year has insurance coverage in effect until September 1 of the following year. All players must be properly registered with their respective leagues before insurance coverage is valid for any type of tryouts.

3:07:05 All team coaches, managers and assistant coaches are automatically covered with liability insurance and medical insurance. It is necessary that these persons submit the proper registration forms to the CYSA Registrar for entry to the computer listing. The medical coverage is valid only when these persons are acting in the capacity of a team coach, manager or assistant coach.

# SPECIFIC RULES

## 4:01 AUTHORITIES AND RESPONSIBILITIES

*Please refer to PIMs 76-1, 77-5, 78-3, 89-1, 94-1, 95-1, 98-1, 08-3, 09-3, AND 10-1 for additional information.*

4:01:01 In addition to the General Procedures, the following Specific Rules shall apply to Cup games, tournament games, inter-district competition, Olympic Development and international games. Additionally, these rules shall apply to playing leagues involving teams from more than one league.

4:01:02 The authority for approval and/or operational control, including dates and times of games which are to be played for these competitions, when played or sponsored by registered teams or affiliated leagues, shall be vested with the Board of Directors of this Association. Approved games of this type shall take precedence over all league games.

4:01:03 The entrance fees and procedures for these competitions shall be established and/or approved by the Board of Directors of this Association.

4:01:04 These competitions will be open to all youth teams registered with this Association. A team entering these competitions shall have played in the current seasonal year as a team and be a member of a recognized league of this Association.

## 4:02 CUP COMPETITION PROCEDURES

4:02:01 In Cup competition, specific rules and regulations will be adopted by the Board of Directors of this Association. In those cases, the specific cup rules shall be published along with the Constitution, Bylaws, General Procedures, Specific Rules and PIMs.

*Please refer to PIM 98-1 for additional information.*

## 4:03 OLYMPIC DEVELOPMENT TEAM PROCEDURES

4:03:01 The formation of District and/or State Olympic Development teams shall be vested with the Board of Directors of this Association; the Board of Directors may delegate this authority at its discretion.

## 4:04 PLAYER TRANSFER, RELEASE AND ROSTER LIMIT

*Please refer to PIM 10-1 for additional information.*

4:04:01 Players must register according to procedures in 3:02. Once a player is listed on a CYSA Team Registration form, that player is bound to that team for the entire seasonal year, except as modified by the following subparagraphs:

- A. A team shall be limited to the number of transfers allowed by the CYSA Board of Directors for each seasonal year. A transfer means the movement of a currently - or previously rostered US Youth Soccer player onto another roster, or a player who returns to the same roster within the current seasonal year. The movement of a currently rostered player off of a roster shall not be a transfer. Neither this section nor any other provision of the Constitution and Bylaws, Procedures, Rules and Policy Interpretation Memoranda shall be interpreted or otherwise construed to make the movement of a currently rostered player off a team a transfer.
- B. A player may be released from a team by the coach only if the player is unable to play for one of the following reasons:
  - i. The player has violated US Youth Soccer CYSA or League rules.

- ii. The player has moved beyond a reasonable distance.
  - iii. The player is injured in such a manner that the player will not be able to participate for the remainder of the seasonal year.
  - iv. Dissolution of teams. A dissolved team can be defined as a team which has been registered and has been playing but ceases to exist before less than one-half (1/2) of their league season has been played. *Please refer to PIM 10-1 for additional information.*
- C. A player may voluntarily request to be released from a team.
- D. A player, upon reaching their eighteenth birthday will not require a parent/guardian approval for transfer or release. To effect the release, the coach must complete and sign a CYSA Player Release form.

4:04:02 All requests for transfer shall be submitted to the District Commissioner, in writing, with the appropriate fees, on the proper forms, stating the reason for the request and subject to the following conditions:

- A. Signature of both coaches of the involved teams
- B. Signature of parent or guardian if player is under eighteen (18) years of age. or the signature of the player if eighteen (18) years of age or older.

4:04:03 Any team which, through its responsible officials, officers, or representatives, attempts to induce a registered player of any team under the jurisdiction of this Association to leave his/her team before the end of the current seasonal year shall be deemed to have committed an offense for poaching and shall be dealt with by the Board of Directors of this Association.

4:04:04 Any team entering State Cup competition that leads to Regional/National Youth Challenge Cup play must abide by US Youth Soccer Team Eligibility and Player Eligibility rules.

#### 4:05 DISCIPLINARY RULINGS

*Please refer to PIM 08-3 for additional information.*

4:05:01 The Disciplinary Committee shall act on all disciplinary matters and shall have discretionary powers in determining disciplinary action applied to team personnel and players. Game suspensions listed below are to be regarded as minimums for the charged offenses, depending on the findings of the Disciplinary Committee. Penalties may be increased according to the gravity of the infringements, and the reasons for such increases in penalties shall be documented on the Send-Off Report or on an accompanying document by the Disciplinary Committee. Only penalties above the recommended CYSA minimums may be appealed.

4:05:02 When sent off the field of play and shown the red card for infringement of the "Laws of the Game", players and substitutes shall be disciplined by further games suspension as follows:

##### A. **Serious Foul Play**

1. Examples include, but are not necessarily limited to, intentionally impeding an opponent denying an obvious goal-scoring opportunity; denying an obvious goal-scoring opportunity by handling the ball.  
**All age groups-** Suspend for a minimum of one (1) game.
2. Examples include, but are not necessarily limited to, tripping, holding, unlawfully charging or pushing an opponent denying an obvious goal-scoring opportunity; intentionally tripping, holding, pushing; unlawfully charging or tackling an opponent from behind or charging in a dangerous and violent manner.  
**All age groups-** Suspend for a minimum of two (2) games.

##### B. **Foul and abusive language:**

1. Examples include, but are not necessarily limited to, words uttered in frustration and, in the referee's opinion, loud enough to be heard outside the field of play.  
**All age groups-** Suspend for a minimum of one (1) game.
2. Examples include, but are not necessarily limited to, words or actions directed towards any person.  
**All age groups-** Suspend for a minimum of two (2) games.

**C. Second cautionable offense after having received a caution:**

All age groups- Suspend for a minimum of one (1) game.

**D. Violent conduct:**

1. Examples include, but are not necessarily limited to, spitting, or other unseemly act, on or at another person; striking or attempting to strike another player, team official or spectator; unlawfully entering the field of play during an altercation.

All age groups- Suspend for a minimum of two (2) games.

2. Pushing in an act of aggression, striking or attempting to strike a referee, linesperson [assistant referee] or fourth official.

All age groups- Suspend for a minimum of one (1) year and review by the Board of Directors regarding further disciplinary action.

*Please refer to PIM 08-3 and 10-4 for additional information.*

4:05:03 Any player, substitute or team official who refuse the referee's request for their name, or gives a false name, while the referee is gathering data to report an infringement of the "Laws of the Game" involving them, shall have one game added to the suspension that would normally be levied by the Disciplinary Committee.

4:05:04 Disciplinary actions listed above are to be regarded as minimum game suspensions, depending on the findings of the Disciplinary Committee. The Disciplinary Committee has discretionary powers to increase penalties befitting the infractions.

4:05:05 In specific situations, the Disciplinary Committee may place an individual on probation, in addition to the suspension, for a period of time not to exceed the length of the suspension. The probationary period is to be served immediately following the suspension period and is intended to monitor an individual's degree of reformation. Should an individual on probation be sent off the field of play and shown the red card during the probationary period, the original suspension and probation shall be re-applied and no appeal will be heard.

4:05:06 Coaches and assistant coaches sent off the field of play for infringement of the "Laws of the Game" shall have two (2) games added to the suspension that would normally be levied against a player for a similar infringement.

4:05:07 Any player ejected (sent off) from a game shall remain on the sidelines with his or her team and not leave the area without the permission of a team official. Any team official ejected (sent off) from a game shall leave the vicinity of the field of play and the area in which the game is being played. In the event that a team official is ejected (sent off) and there is no other team official properly registered to that team present, the game shall be terminated.

*Please refer to PIM 08-3 for additional information.*

**4:06 PROTESTS AND APPEALS**

4:06:01 The Protest and Appeals Committee, or this Association, shall deal with all protests or appeals arising out of any Olympic Development, and/or International Youth game.

4:06:02 Any protest or appeal arising out of any Cup, Tournament, or Inter-District game shall first be determined by the Protest and Appeals Committee as prescribed by that competition's rules. In the event of an adverse decision, that party may then file their protest or appeal with the Protest and Appeals Committee of this Association per 4:06:03.

4:06:03 The protest or appeal shall be in writing (typed or printed) and mailed to the CYSA office (unless specified otherwise in competition directives) and shall be accompanied with the fee of two hundred dollars (\$200.00). Such protest and appeals shall be postmarked within seventy-two (72) hours of competition being protested (excluding Sundays and holidays).

4:06:04 The decision of the Protest and Appeals Committee of this Association, concerning any protest or appeal, will be mailed to the person or persons initiating said protest or appeal as outlined in Section 3:06 of the CYSA General Procedure.

#### 4:07 ALCOHOLIC BEVERAGE PROHIBITION

4:07:01 The use and/or consumption of any alcoholic beverages or controlled substances, immediately before, during or immediately after the playing of any youth soccer game, is expressly prohibited.

4:07:02 Any player, team official, league official, or any other member of this Association, who violates this prohibition, shall be subject to disciplinary action and/or suspension by the Board of Directors of this Association. *Please refer to PIM 08-3 for additional information.*

# POLICY INTERPRETATION MEMORANDA

## PIM 12-1 (Modified 01-2012 / Rev 09-2013) PLAYER EQUIPMENT

All players, parents, coaches, and referees are required to act as a reasonable person concerning player safety, including protecting players from wearing any equipment or device that is dangerous to the player wearing the equipment or device or to any other player. The referee has ultimate authority for deciding if equipment or device is safe.

**Attempt to Injure or Intimidate:** Any player who uses any equipment with the intent to intimidate or injure an opponent shall be cautioned or sent off immediately.

**Headwear:** Soft protective headgear and headbands are allowed if deemed safe by referee. The headgear must not cover the neck.

**Jewelry:** Except as provided below, All jewelry must be removed, including necklaces, rings, earrings, friendship bracelets and any visible body piercing with an earring-like device; Medical identification (“medic alert”) jewelry is not to be removed; medical identification jewelry must be taped securely and completely to the wrist or neck. Any item of clothing or jewelry that is clearly religious in nature and that is required by the wearer’s religion to be worn may be permitted by the referee if it is not dangerous and not likely to provide the player with an unfair advantage. Items that are permanently attached to the player’s body and are not removable may be permitted if: (1) in the opinion of the referee the item(s) are not dangerous to other players or can reasonably be made safe and (2) the player’s parent or guardian has signed a waiver on a form specified by Cal North CYSA.

**Shin Guards:** All players must wear shin guards in any CYSA sanctioned event. Referees will not allow players to participate if the shin guards do not meet these criteria:

1. Shin guards shall be worn properly in order to provide adequate and reasonable protection to the shin.
2. Shin guards shall be professionally manufactured, age/size appropriate and unaltered.

### Orthopedic supports:

- **A medical release for any player wearing an orthopedic support, signed by a licensed medical physician, shall be at the game site.**
- **Knee Braces:** Unaltered braces with all metal hinges or parts adequately padded and covered are permitted (i.e. Donjoy)
- **Ankle Braces:** unaltered soft braces are permitted to be worn outside the sock. Unaltered braces with metal or hard plastic, including “air casts” must be worn inside the sock.
- **Hard Splint:** Unaltered leather, rubber, plastic or fiberglass splints that protect and are fitted to a portion of the arm or wrist MAY be allowed if the splint does not present a danger to the player or any other player.
- **Soft Casts:** a soft cast MAY be permitted if the cast does not present a danger to the wearer or any other player.
- **Hard Casts:** Casts or splints made of a hard substance covering the entire circumference of the arm or wrist are NOT permitted (even if covered with padding).

**Medical Device:** Players shall be permitted to wear and/or use medical devices that are prescribed to address a medically recognized disability such as glasses with corrective lenses, insulin pumps, hearing aids and cochlear implants.

**Prosthetic Device:** A player with a prosthetic device or insulin pump infusion device will be permitted to participate in any CYSA sanctioned activity provided a doctor has provided written authorization that participation with such device does not pose a risk to the player wearing the device as well as any other player.

**PIM 12-2 Guest Player/Team Official Policy (Replacing PIM 9-3)****A. DEFINITION OF A GUEST PLAYER**

- a. A guest player is defined as a player with an approved CYSA member pass who is not listed as a rostered player for the CYSA team with which the player is participating in a particular event.
- b. A player who is suspended cannot participate as a guest player.
- c. Based on a year that is August 1st through July 31st, the soccer age of a player is defined by the player's birthday, not the age of the team on which the player is rostered. The soccer age of a guest player must be the same age or younger than the age group of the team on which the player will be guesting. For example, a player with a soccer age of U11, who is rostered on a U12 team, may guest play on a U11 or older team.
- d. Competitive players may not guest play on a Recreational team.
- e. The credentials for the guest player must be from the same season as those being used by the team on which the player will be guesting.

**B. DEFINITION OF A GUEST TEAM OFFICIAL**

- a. A guest team official is defined as a team official with an approved CYSA member pass who is not listed as a rostered team official for the CYSA team with which the team official is participating in a particular event.
- b. A team official who is suspended cannot participate as a guest team official.

**C. FOR TEAMS USING GUEST PLAYERS:**

- a. The maximum number of guest players allowed is seven (7) per game.
- b. The official team roster may never exceed the maximum number of player as approved by the CYSA Board of Directors.
- c. On game day, the list of players designated on the official game card may never exceed eighteen (18) players.
- d. The coach of the borrowing team must have in his/her possession the player's approved member pass and the current CYSA Membership Form (Form 1601) for the guest player with the medical release and the hold harmless section signed in original ink by the parent or guardian or by the guest player if the player has reached eighteen (18) years of age.

**D. FOR TEAMS PARTICIPATING IN CYSA PLAYING LEAGUES:**

- a. Guest players / team officials may be utilized by teams participating in any sanctioned non-tournament CYSA sanctioned games.
- b. The decision to allow guest players / guest team officials is solely at the discretion of the playing league.
- c. The Guest player / team official must be rostered on a team within the same league as the team on which the player / team official will be guesting.
  - Team IDs are formatted as DDLL-CCTGAA-TTTTTT where:
    - DD is the District number
    - LL is the League number
    - CC is the Club number
    - T is the Type of Team (C: Competitive, R: Recreational; T: TOPSoccer
    - G is the Gender of the TTeam
    - AA is the Soccer Age of the Team
    - TTTTTT is the Team number
  - The DD-LL numbers must be the same on the guest player CYSA member pass as those on the CYSA member pass for the team on which the player is guesting.
- d. The playing league will determine further guest player / guest team official requirements for the playing league.

**E. FOR CYSA TOURNAMENTS:**

- a. The decision to include teams with guest players and/or guest team officials in a CYSA tournament is solely at the discretion of the tournament.

- b. A guest player can be rostered on any CYSA team.
  - c. A guest team official must have the approval of the borrowing team's League President or League Director of Coaching.
  - d. Each CYSA tournament has the responsibility of establishing a policy regarding the participation of teams with guest players and/or guest team officials in their tournament. This policy must be stated in the tournament Information/Rules Document for each CYSA tournament calendar year.
  - e. The coach must have in his possession for each guest player a CYSA Guest Player Form (Form 1611) signed by the appropriate persons.
  - f. Out of State or International teams playing in an unrestricted CYSA tournament must provide the following for each guest player:
    - i. The appropriate approval documentation from their state association or federation.
    - ii. A release/consent for Medical Treatment.
    - iii. A valid US Youth Soccer member pass or a valid member pass authorized by the appropriate foreign federation if the guest player is not from the United States.
- F. FOR OUT OF STATE/OUT OF COUNTRY TOURNAMENTS:**
- a. For Out of State/Out of United States play, the maximum number of guest players allowed will be determined by the official rules or policies of the tournament. At no time may the number of guest players on the CYSA Official Travel Roster exceed seven (7) players.
  - b. Teams travelling outside of CYSA's jurisdiction to play in an out-of-state, US Youth Soccer-sanctioned tournament may add guest players to their CYSA Official Travel Roster. The CYSA Official Travel Roster, which limits teams to a maximum of eighteen (18) players, must be completed to indicate which players are guest players. (PIM 81-2)

### **PIM 11-1 (Rev. 8/2013) TEAM TRAVEL**

#### *TRAVEL OUT OF DISTRICT*

Teams that travel out of their District to play "friendly" games with CYSA Cal North teams in another District must notify their District Commissioner of their intent. The District Commissioner will coordinate with the District Commissioner of the other team. Notification of the planned travel is necessary for the event to be considered sanctioned and for insurance to be in effect.

#### *TRAVEL TO GAMES IN US YOUTH SOCCER AFFILIATED STATE ASSOCIATIONS OUTSIDE OF CYSA CAL NORTH*

CYSACal North teams that are properly registered and in good standing may travel to games that have been sanctioned by a US Youth Soccer affiliated State Association. Sanctioned games include sanctioned tournament games, sanctioned league play and friendly matches that have been approved by the hosting State Association. CYSA Cal North teams traveling to such sanctioned competitions may do so by completing the online form "CYSA Cal North Permission to Travel" which is located on the CYSA Cal North website. Instructions for filing the notification form will be included on the form.

Such permission will be in effect provided that every team member and guest player associated with the team traveling is in good standing with CYSA Cal North and that the team participates in the sanctioned competition with team and player credentials for each player, guest player and registered team official as required by CYSA Cal North and approved by the respective CYSA Cal North District Registrar.

To comply with the CYSA Cal North notification protocol a CYSA Cal North team traveling to game sanctioned by a US Youth Soccer Region IV State Association must notify CYSA Cal North of its intention to travel prior to the beginning date of the travel to the sanctioned event/game.

It is the traveling team 's responsibility to confirm BEFORE SUBMITTING THE E-TRAVEL DOCUMENT TO CYSA CAL NORTH that the tournament is properly sanctioned by a US Youth Soccer affiliated State Association.

Confirmation should be in the form of the tournament's approved US Youth Soccer Application to Host a Tournament or Games which can be obtained from the tournament director.

A team's failure to properly notify CYSA Cal North prior to traveling, in accordance with the established protocol, or participation in an event that has not been properly sanctioned could delay and/or invalidate payment on any insurance claims for the player and/or team arising from participation in the tournament / games to which the team traveled.

*TRAVEL TO GAMES SANCTIONED BY OTHER US SOCCER FEDERATION AFFILIATED ORGANIZATIONS CYSA*

Cal North teams that are properly registered and in good standing may travel to tournaments, jamborees and festivals that have been sanctioned by a US Soccer Federation affiliated Member Organization (other than a US Youth Soccer State Association). Sanctioned games include sanctioned tournament, jamboree and festival games that have been approved by the hosting US Soccer Federation Organization. CYSA Cal North teams traveling to such sanctioned competitions may do so by completing the online form "CYSA Cal North Permission to Travel" which is located on the CYSA Cal North website. Instructions for filing the notification form will be included on the form. Such permission will be in effect provided that every team member and guest player associated with the team traveling is in good standing with CYSA Cal North and that the team participates in the sanctioned competition with CYSA Cal North team and player credentials for each player, guest player and registered team official as required by CYSA Cal North and approved by the respective CYSA Cal North District Registrar.

To comply with the CYSA Cal North notification protocol a CYSA Cal North team traveling to game sanctioned by a US Soccer Federation affiliated Member Organization must notify CYSA Cal North of its intention to travel prior to the beginning date of the travel to the sanctioned game.

It is the traveling team's responsibility to confirm BEFORE SUBMITTING THE E-TRAVEL DOCUMENT TO CYSA CAL NORTH that the tournament is properly sanctioned by a US Soccer Federation affiliated Member Organization. Confirmation should be in the form of the tournament's approved sanctioning documentation which has been issued by the sanctioning Member Organization which can be obtained from the tournament director.

A team's failure to properly notify CYSA Cal North prior to traveling, in accordance with the established protocol, could delay and/or invalidate payment on any insurance claims for the player and/or team arising from participation in the tournament games to which the team traveled.

*TRAVEL TO GAMES OUTSIDE OF THE UNITED STATES*

CYSA Cal North teams that are properly registered and in good standing may travel to games outside of the United States if approved for foreign travel by US Soccer Federation. CYSA Cal North teams traveling to such foreign competitions may do so by completing and submitting properly completed travel paperwork (including the required fees payable to US Soccer Federation, the United States Soccer Federation Application for Foreign Travel, the Ted Stevens Olympic and Amateur Sports Act Agreement Form, US Youth Soccer "Application for Travel" form and form 201 "CYSA Cal North Official Travel Roster" form) to the CYSA Cal North office for processing no later than 60 days prior to the team travel. Instructions for filing the travel paperwork will be included on the CYSA Cal North Travel Roster.

Such approval will be in effect provided that every team member and guest player associated with the team traveling is in good standing with CYSA Cal North and that the team participates in the sanctioned competition with team and player credentials for each player, guest player and registered team official as required by CYSA Cal North and approved by the respective CYSA Cal North District Registrar.

A team's failure to obtain travel approval from US Soccer Federation and CYSA Cal North prior to traveling, in accordance with the established protocol, could delay and/or invalidate payment on any insurance claims for the player and/or team arising from participation in the tournament games to which the team traveled.

### **PIM 10-1 REGISTRATION**

#### **1. MEMBER REGISTRATION**

- a. All players must annually register with CYSA by either submitting a completed CYSA Membership Form (Form 1601) or through the use of the CYSA approved online registration system. The Parent/Legal Guardian, or player if the player is age eighteen (18) or older, must sign the Release of Liability and Medical Consent sections (wet ink or electronic signature, depending on the method of registration).
- b. The signed CYSA Membership Form (Form 1601) with a WET INK SIGNATURE, or the signed Membership Pass with a WET INK SIGNATURE, must be carried by a team official at all team functions (practices, games, tournaments) for each player on the roster.
- c. Players attaining the limiting age for any age group on or after August 1 immediately preceding the start of the seasonal year, will be eligible to play for the remainder of the seasonal year.
- d. A player's age, for registration purposes, shall be his/her age on the July 31st immediately preceding the start of the seasonal year.
- e. PROOF OF AGE
  - i. Proof of age must be presented at time of registration if the name and birth date of the player have not previously been verified by the League in the CYSA approved registration system. A competitive player must present proof of age if the name and birth date of the player have not previously been verified by the District Registrar.
  - ii. Proof of age shall consist of a birth certificate; a Uniformed Services Identification and Privilege Card (DD Form 1173) issued by the uniformed services of the United States, a birth registration issued by an appropriate government agency; board of health records; a passport; an alien registration card issued by the United States Government; a certificate issued by the Immigration and Naturalization Service attesting to age; a current driver's license, an unexpired federal, state, or local government identification card, or a certification of a United States citizen born abroad issued by the appropriate government agency. Hospital, baptismal, or religious certificates, or immunization records will not be accepted.
  - iii. Proof of age written in a foreign language that uses the Latin alphabet (A-Z) do not require a Foreign Document Translation. Proof of Age written in a non-Latin alphabet must have a Foreign Document Translation, or a notarized translation document, attached to the original document. No parent or other family member can translate for any member of their son's or daughter's team unless they are certified and/or accredited to teach the specific language, i.e. high school teacher, professor of languages at a university or college, court translator, or anyone recognized as an official translator by the respective District Commissioner. All translations must be dated and include the signature, address and telephone number of the translator.

#### **2. MEMBER REGISTRATION**

- a. Persons wishing to be added to a team roster as a Team Administrator must annually register with CYSA and have completed the CYSA Risk Management Process.
- b. First time adult Administrators must complete the CYSA Risk Management process either by completing an online CYSA Disclosure Form 1650, or by submitting a hard copy Form 1650 to their League Registrar. Full legal name and birth date are required at the time of registration.
- c. First time adult Administrators must also be fingerprinted using the CYSA preferred vendor.
- d. First time minor Administrators must submit a hard copy CYSA Disclosure Form 1660 to the Cal North office, but are not required to complete a background check.

## 3. REGISTRATION DATA

- a. Throughout CYSA, all registration is subject to the approval of the District Commissioner or District Registrar and the dates used for registration shall be consistent.
- b. All registration data entered into the CYSA approved registration system is the sole property of CYSA and is not to be used for any other purpose without the express written consent of CYSA.
- c. Each seasonal year, all player registration shall be entered into the CYSA approved registration system before the player begins competition for that season.
- d. Additionally, all teams shall be formed and approved in the CYSA approved registration system by no later than one week past the beginning of local league play.

## 4. MEMBER PASS

*Please refer to PIM 08-3 for further information.*

- a. All registered players and team officials shall be issued a US Youth Soccer MEMBER PASS with the following information: Member's name, Birthdate (player's only), Team name, Team number, Age Group, Seasonal Year, CYSA I.D. number, State Association name, Member title i.e. Player, Coach, Assistant Coach, Manager or Team Assistant, current photo (approximately 1" by 1-1/2" in designated location).
- b. All member passes used for inter-league play, tournaments or Cup play must have the official CYSA unique identifier and must be completely laminated in plastic with no open ends or sides.
- c. All players shall present their US Youth Soccer Member passes to the referee before the start of the game. All passes are to be returned to a team official at the end of the conclusion of the game, unless a player has been ejected for misconduct.
- d. A player who does not present a US Youth Soccer Member pass to the referee prior to entering a game may not participate in that game. If it is determined that a player participated in a game without a US Youth Soccer Member pass, the team will forfeit the game.
- e. A league may elect to not require the use of member passes when each of the following requirements is met:
  - i. The player is playing on a U10 or younger team
  - ii. The player is properly registered
  - iii. All of the games and competitions of the team that the player is registered on are played in the league with which the team is registered and against teams registered with that league.
    - A. Provided however, that such players and teams may participate in jamborees within their District without player member passes if the District allows.
  - iv. Before each game the referee is shown an official roster of the team (goldenrod) approved by the League Registrar
  - v. Each child participating in the game or competition is listed on the official roster of the team (goldenrod)
- f. If a player plays in a game and is not properly registered, his/her team shall automatically forfeit that game and may face further disciplinary action by the League and/or the Board of Directors of this Association, depending upon the nature of the violation.

## 5. PLAYER MOVEMENT

- a. New Registration (ADD)
  - i. A player shall be deemed "registered" effective the date the completed CYSA Membership Form (Form 1601) and fees are received by the League Registrar or designee. If the form and fee are mailed, then the "date of registration" shall be the postmark shown on the envelope. If a player is registering online, the player is deemed "registered" effective the date the online registration is processed and the fees are paid.
  - ii. A player is eligible to play on the date the add is processed.
  - iii. If a player release is required to add a player to a team, and the release is received AFTER the add request, then the effective date for the add shall be the effective date of the release.

- b. Player Release
- i. When a player decides to leave a team, the player movement is considered to be a “release”. The released player will be placed into the District Drop Pool.
  - ii. A player on a competitive team shall be deemed “released” effective the date the release is processed and approved by the District Registrar. The League Registrar must provide proof that the pass has been received before the District Registrar will approve.
  - iii. A player on a recreational team shall be deemed “released” effective the date the release is processed and approved by the League Registrar.
- c. Team to Team Transfer
- i. A transfer means the movement of a currently rostered US Youth Soccer player onto another roster or the movement of a previously rostered player from the Drop Pool to a new roster. Players rostered on a Principapl team may not transfer to an Off-Season team and players rostered on an Off-Season team may not transfer to a Principal team.
  - ii. For an INTRA-LEAGUE transfer, a player shall be deemed “transferred” effective the date the transfer is processed and approved by the league registrar. The League Registrar must receive the pass prior to approving the INTRA-LEAGUE transfer. A player is eligible to play on the date the transfer receives final approval by the League Registrar. District approval is required if the player is transferring from a Competitive to a Recreational team.
  - iii. For an INTER-LEAGUE transfer, a player shall be deemed “transferred” effective the date the transfer is processed and approved by the District Registrar. The League Registrar must provide proof the pass has been received before the District Registrar will approve the transfer. A player is eligible to play on the date the transfer receives final approval by the District Registrar.
  - iv. For an INTER-DISTRICT transfer, a player shall be deemed “transferred” effective the date the transfer is processed and approved by the Accepting District Registrar. The Accepting League Registrar must provide proof the pass has been received before the Accepting District Registrar will approve the transfer. A player is eligible to play on the date the transfer receives final approval by the Accepting District Registrar.
  - v. A player may transfer to any team that is in the player’s age group as determined by the player’s birth date. Example: A U16 player initially rostered to a U19 team could transfer to a U16 team if there is a spot open on the team.
  - vi. Teams may have up to five (5) inter-league transferred players on the roster. Each movement of a player from one team to another is considered a transfer and shall be counted against the team receiving the player. Example: Team 1 is rostered in League A and Team 2 is rostered in League B. Team 2 may only transfer 5 players from Team 1.  
After the conclusion of the appropriate cup games for their age group, teams may have an unlimited number of inter-league transfers onto the team.
  - vii. Teams may have an unlimited number of intra-league transferred players. Example: Team 1 and Team 2 are both rostered in League A. Team 2 may transfer an unlimited number of players from Team 1.
  - viii. Teams must maintain a core of nine (9) players from their league roster to their cup roster.
  - ix. If the releasing coach fails to approve the transfer request, the designated league official or the District Commissioner/Registrar may approve in the coach’s place. If the releasing league fails to approve the transfer request, the District Commissioner/Registrar may approve in the league’s place
  - x. A player that is registered in one district and wishes to play in another district may do so upon the approval of the Transfer by the releasing and accepting leagues and the releasing and accepting District Commissioners/Registrars.
  - xi. The only processing fees to be charged are:

- A. The accepting and releasing districts may charge a reasonable fee for an inter-district transfer with a maximum of \$30.00.
- B. Districts may charge up to a \$15.00 fee for transfer from league to league and from team to team within a district.

## 6. TEAMS

### a. HEAD COACH AGE REQUIREMENT

- i. All head coaches shall be a minimum of 18 years or older, unless they have an assistant coach or team manager of 18 years or older, who is properly credentialed and who will be present at all team functions (games, practices, etc.)

### b. TEAM ROSTER SIZE

- i. Maximum roster: For U13 and younger teams, the team roster may not have more than eighteen (18) registered players on the team roster at any given time during the seasonal year. For U14 and older teams, the roster may have up to twenty-two (22) registered players on the team roster at any given time during the seasonal year
- ii. Minimum roster: No team shall be allowed to have less than (7) registered players at any given time.
- iii. The State Association may permit variances on team roster sizes in the best interest of development of the sport within the State. Rev. 12/2011
- iv. Game rosters shall have a maximum of eighteen (18) players and a minimum of seven (7) players.

- c. Any team playing with a player who is over-age shall forfeit the game(s) in which that player takes part.

- d. Team names incorporating the same name (e.g.: the club name) must be uniquely identified. The same team name shall not be used for more than one team in the same age division.

### e. TEAM PLAYING IN A HIGHER AGE GROUP

- i. A team may play in any age group higher than the one of registration. A team may NOT play in an age group lower than the one of registration.
- ii. When necessity of the local program warrants a team to play above its age group for league play, the team may enter State Competitions in the age group of registration vs. the age group of league play. **Example:** A registered U-14 teams plays in the U-16 age group in league play. The U-14 team may enter state competition in the U-14 level or higher if the team wishes.

### f. TEAM RECLASSIFICATION

- i. If a player is released or transferred, changing the highest birth date of the team (lowering the age group), the team may change the age group of registration. **Example:** A team has 15 player s in the U-16 age group and one player in the U-19 age group. The team must register as an U-19 team. Later the player with the U-19 birth date moves from the locale. The team may release the player from the roster and change the team age group registration to the appropriate grouping, U-16. **Note: Teams playing in Cal North Presidents or Association Cup games may not lower their age group of registration.**

### g. DISBANDED TEAM

- i. A disbanded team is one which has competed during a playing season established by its league and through its responsible officials, i.e. league/coach, has declared in writing that the team is no longer playing and is therefore no longer eligible for CYSA sanctioned play. Any player from a disbanded team is eligible for a transfer. Any player from a team that is disbanded PRIOR to its season of play and has NOT competed in any competitions, shall be considered to be an ADD on a new team.

### h. MIXED TEAMS

- i. Affiliated leagues may combine boys and girls on the same team roster. A coed team shall follow the rules designated for boys teams and will be allowed to enter all competitions except those that are designated for girls teams only.

- i. TEAM BINDERS
  - i. The paperwork (“team binder”) carried by teams within CYSA must contain the following:
    - 1. Member passes for each player on the approved CYSA roster.
    - 2. A signed CYSA Membership Form (Form 1601) with a WET INK SIGNATURE, or a signed Member Pass with a WET INK SIGNATURE, for each player on the roster.
    - 3. A CYSA approved roster.
  - ii. In the interest of protecting all players and coaches and as part of risk management, the team binder shall not contain any other identifying documents, including, but not limited to, the CYSA form 1650 (Team Official Registration & Risk Management Disclosure Form) or any player birth documents.
  - iii. Inappropriate documents shall be removed by the team official.
- 6. REGISTRATION FEES
  - a. All leagues shall submit directly to the CYSA State Office, no later than the 1st of September of each seasonal year at least 75% of their expected registration fees for the coming year. The District Commissioner must be contacted by the league prior to September 1st to request an extension of the invoice due date because of the league play starting later than September or other extenuating circumstances.
  - b. The CYSA State office will invoice each league on June 1. The amount owed shall be based on 75% of the registration count of players as of May 31 times the per player registration fee. Adjustments to the 75% invoice calculation must be requested prior to September 1st and are subject to District Commissioner approval. Leagues with outstanding balances will receive monthly statements as of July 1, August 1 and September 1 indicating the amount paid and the amount outstanding.
  - c. All invoices and statements shall be mailed to the League’s address of record. Electronic copies will be sent upon request.
  - d. Additionally, beginning on August 1 of each year, the CYSA website shall present a list of all leagues and their payment status.
  - e. Failure to comply with the September 1 payment requirement may result in a fine of \$40 per day for each calendar day after September 1 that the outstanding balance, plus fines, has not been paid.
  - f. Failure to bring the balance due current by October 1 may result in the league being placed into Bad Standing.
  - g. All subsequent invoices/statements based on the actual number of players registered are due upon receipt.

#### PIM 10-2 GAME TIMES AND BALL SPECIFICATIONS (OUTDOOR ONLY)

Length of games, overtime periods, and ball specifications, except as provided by US Youth Soccer and its affiliates, the length of games, ball size, ball weight, ball dimensions, and tie-breaking rules for each age group shall be as follows:

Div	Game Length Halves	O.T. Period Halves	Ball Size	Circum.	Weight
U-19	2-45 min.	2-15 min.	#5	27”-28”	14-16 oz.
U-16	2 -40 min.	2-15 min.	#5	27”-28”	14-16 oz.
U-14	2-35 min	2-10 min.	#5	27”-28”	14-16 oz.
U-12	2-30 min.	2-10 min.	#4	25”-26”	11-13 oz.
U-10	As modified rules specify	No tie breaker	#4	25”-26”	11-13 oz.
U-8	As modified rules specify	No tie breaker	#3	23”-24”	11-12 oz.
U-6	As modified rules specify	No tie breaker	#3	23”-24”	11-12 oz.

**PIM 10-3 RULES OF PLAY**

- A. Charging the goalkeepers shall not be permitted at any time, when he/she is within his/her own penalty area.
- B. Coaching from the sidelines, giving direction to one's own team on points of strategy and position, is permitted provided:
  - i. No mechanical devices are used.
  - ii. The tone of voice is informative and not a harangue.
  - iii. No coach, substitute, player, or spectator is to be anywhere but at his/her bench area during the game. A team's bench area shall be that area one (1) yard from the touchline and extending to ten (10) yards, one way, from the half-line only.
  - iv. No coach, substitute, player or spectator is to make derogatory remarks or gestures to the referees, other players, substitutes, or spectators.
  - v. No coach, substitute, or player is to use profanity.
  - vi. No coach, substitute, player, or spectator is to incite, in any manner, disruptive behavior of any kind.

The penalty for the above shall be ejection from the game and disciplinary action will be taken by the Board of Directors of this Association.

***Please refer to PIM 08-3 for additional information.***

- C. Where colors of uniforms are similar, the home team must effect a change to colors which are distinct from those of the opponent.
- D. The home team will be responsible for the condition of the grounds, the proper field markings and proper equipment. Nets and corner flags are required. It will be the responsibility of both teams to have a game ball and see that their fans behave in a proper and respectful manner.
- E. Players may be substituted at the following times:
  - i. Prior to a throw-in, in your favor. Competitions may allow substitutions by either team if the team in possession of the ball substitutes.
  - ii. Prior to a goal kick, by either team.
  - iii. After a goal, by either team.
  - iv. After an injury, when the referee stops play, by either team.
  - v. At half time.
  - vi. When the referee stops play to caution a player, only the cautioned player may be substituted, prior to the restart of the game.
  - vii. The number of substitutes shall be unlimited, unless a competition superseding the jurisdiction of this Association determines otherwise. In any case, a substitute shall not enter the field of play until he/she has been given a signal to do so by the referee.
- F. The referee shall require that both teams enter all the appropriate information on a CYSA Referee Report form prior to the start of the game.
  - i. The referee shall verify the identity of the player with his/her player pass. He shall collect the passes of those players who are to participate in the game. The referee must allow no player into the game for whom he/she has no pass or whose name does not appear on the Referee Report form. The referee shall also require that the coach or manager of each team sign the Referee Report form verifying that the information entered on the form is correct.
 

***Please refer to PIM 10-1, Section 3 for additional information.***
  - ii. Upon completion of the game, the referee shall send his/her report to the proper authority within forty-eight (48) hours, holidays excluded, along with the member pass of any ejected player and, in such cases of ejection, he/she shall also mail a supplementary 24 Hour Ejection Report.
  - iii. Prior to the game, the referee shall make sure that each player's equipment is in proper order.
 

***Please refer to PIM 88-3 for additional information.***

- iv. A Referee Report form must be filed for every game played.
- v. In the event of a forfeited game, the winning team must submit a Referee Report form made out listing the players of their team; it must be noted on the card “forfeit” and submitted to the proper authority within the stipulated time (see “B” above). A postmark dated within the stipulated time will be deemed as proper compliance with this regulation
- G. The winning team is responsible for calling the proper authority in charge of the competition, immediately following the game (or within a reasonable time) to notify him/her of the outcome.
- H. Any team delaying the start of a scheduled game more than fifteen (15) minutes without the sanction of the proper authority shall forfeit the game to the opponent by a score of 1-0.
- I. In the event both teams do not show up for a scheduled game, and the referee rules the ground playable, then both teams shall be assessed a loss.
- J. Referees responsible for the late start of a game may be disciplined by the proper authority. Referees may, at any time, be called upon by the proper authority to explain their reports. ***Please refer to PIM 08-3 for additional information.***
- K. The referee’s judgment with regard to the physical condition of the field and its acceptance for play, to the actual happenings and occurrences related to the conduct of the game and those prerogatives granted to him/her, by the “Laws of the Game” for outdoor soccer and the “Official Indoor Soccer Rules” for indoor soccer, shall not be challenged.

#### **PIM 10-4 SEND OFF PROCEDURE**

If a player is sent off, then the referee shall note the player’s name, jersey number, and Cal North identification number on the game card.

If a team official is dismissed, then the referee shall note the team official name and registration number Cal North identification number on the game card.

The referee shall fill out and send a Cal North sendoff report (electronic or hard copy) to the proper authority per playing league or event procedures. Cal North procedures shall be used to determine and serve the suspension.

A player or team official who has been sent off is ineligible to participate in games until the suspension has been served per the Cal North procedures defined for the playing league or event.

Players and team officials who participate in games prior to the conclusion of their suspension will incur additional penalties, including forfeiture of games in which the player or team official participated while on suspension.

***Please refer to Specific Rules 4:05:07 and PIM 08-3 for additional information.***

#### **PIM 09-2 TEAM CLASSIFICATION AND MODIFICATION**

##### **Team Classifications**

##### **A. Competitive**

1. A top or intermediate level team formed by a selection process in order to compete in Competitive or State level league/division play, Competitive tournament play administered by CYSA, and tournament play administered by other State and National Youth Associations. Age groupings (U9, U10, U11, U12, U13, U14, U15, U16, U17, U18, U19) of these teams are determined by the age level of the oldest player on the team, regardless of the age of other team members.
2. A Competitive team may participate in Recreational league/division, tournament, or cup play only with prior approval of the District Commissioner.

##### **B. Recreational**

1. A team formed within a home league on an equal (in) strength basis to compete in a

recreational league/division. The use of tryouts, invitations, or recruiting in order to roster players on a team according to player talent is forbidden.

2. In accordance with the Modifications and Special Provisions section of this PIM, a Recreational team that participates in a Competitive league/division, Competitive CYSA tournament, or a tournament for competitive teams administered by other State and National Youth Associations may be reclassified by the team's District Commissioner or the CYSA Board of Directors as a Competitive team for the remainder of the seasonal year.
- C. TOPSoccer
- TOPSoccer is a community based soccer program that is designed to meet the needs of players with physical and/or mental disabilities. The Program is geared toward player development rather than to competition. Athletes are placed on teams according to ability NOT by age.

#### **Modification and Special Provisions**

- A. The CYSA Board of Directors, District Commissioner or District Commissioner designee may review and change the classification of any team to a higher classification registered in the District. The basis of such review may be:
  1. according to the team's relative strength in its playing league.
  2. upon written request of the team's playing league.
  3. upon written request of the director of a tournament in which the team participated.
  4. upon written request of the team.
- B. A team will not lose their normal classification on the basis of participating in a tournament as an official "fill-in" team.
- C. No team will be qualified for CYSA Cup play, other than State Cup, if they have participated in a play at a higher classification than the classification of the Cup they are entering, unless the Board of Directors has granted prior approval for a team to participate at a higher classification in a district playing league based on the determination that such approval is necessary to establish or maintain a viable playing league in the district.
- D. Players that originally start to play on a team but must transfer to a team of a lower classification due to bona fide reasons may still be eligible to participate in CYSA Cup play with their new team only with the approvals of the player's league and District Commissioner.
- E. Teams from newly formed leagues (as distinguished from newly affiliated leagues) may all be classified as Recreational during their first seasonal year and may annually apply, upon recommendation of their District Commissioner, for further dispensation.

#### **PIM 09-4 ELIGIBILITY REQUIREMENTS FOR CYSA MEMBERSHIP BENEFITS**

1. An individual must register with a CYSA affiliated league for a specific seasonal year using form 1601.
2. The CYSA membership fees for the registered individual for the specified seasonal year must be paid by the affiliated league to CYSA in accordance with CYSA procedures.
3. The individual must be rostered on a CYSA team for the specified seasonal year and participating with a CYSA team on a regular basis during that seasonal year.
4. The CYSA team on which individual is rostered must play in a recognized CYSA league for the specified seasonal year.
5. Placement of an individual on a CYSA roster solely for the purpose of establishing the individual's eligibility for CYSA benefits and programs is prohibited.
6. The creation by an affiliated league of a playing league or other form or type of league solely for the purpose of establishing a team's or individual's eligibility for CYSA benefits and programs is prohibited and participation in such a league will not confer on or be considered in determining eligibility for any program, cup, or event.
7. Failure to fulfill the requirements of CYSA membership will result in the immediate revocation of CYSA membership benefits and the team's and/or individual's eligibility to participate in CYSA

programs.

### **PIM 08-1 (Rev. 04/2011) CYSA PROGRAMS PARTICIPATION REQUIREMENTS**

In order to be able to play in any CYSA Cup or any CYSA sanctioned tournament, a team participating using CYSA credentials must play in a CYSA affiliated league established and operated for purposes other than creating or establishing eligibility solely for cup or tournament play.

### **PIM 08-2 DATE FOR DISTRICT COMMISSIONER VOTING REGISTRATION**

For purposes of electing District Commissioners pursuant to section 2:06:03 of the Constitution and Bylaws, the number of votes each affiliated league in the district is entitled to cast shall be determined based on the number of players properly registered with CYSA, in good standing with the affiliated league and CYSA, 30 calendar days before the first date set for the election of the District Commissioner.

### **PIM 08-3 PROTESTS, APPEALS AND DISCIPLINE ASSOCIATION INITIATED DISCIPLINE**

The Protest and Appeals Committee may initiate disciplinary proceedings against any player, coach, manager, team assistant, league officer, referee or spectator from any member team, league or organization. The proceedings may be initiated based on information brought to the attention of the Board of Directors or the Protest and Appeal Committee through complaints, reports of incidents, information obtained during the course of protest and/or appeal hearings, and otherwise. The disciplinary proceedings shall be initiated by notice to the appropriate party containing a brief statement of the reasons for the initiation of the proceedings. Parties against whom such proceedings have been brought may, with a proper hearing, be suspended, barred completely, or otherwise disciplined.

The Executive Committee of this Association may suspend any person, team or League prior to the commencement of disciplinary proceedings if, in the opinion of the Executive Committee, there is sufficient evidence to believe that any individual(s) in this association may present a non-acceptable risk to the association and its members. Parties suspended under this paragraph will be afforded, if application, a hearing in accordance with the procedures outlined in the CYSA Constitution and Bylaws.

### ***PLAYER/TEAM OFFICIAL DISCIPLINE (SUSPENSION)***

#### ***For Coaches:***

A suspended team official must serve the suspension with the team for which the suspension was incurred. Unless specifically stated otherwise at the time a suspension is imposed, the suspension applies to any CYSA sanctioned game in which this team participates during the period of suspension. If for any reason, the suspended team official cannot serve all of the suspension with the team with which the suspension was incurred, the part of the suspension not served must be served with another CYSA team on which the suspended person is a registered team official. Suspension carry over from seasonal year to seasonal year. All of the suspension must be served.

Example 1: X is a team official of both the red team and the blue team. X received a 3 game suspension for a send-off in a red team game. X must serve the suspension of 3 games with the red team.

Example 2: X is a team official of the red team, the blue team and the green team. X receives a 3 game suspension for a send-off in a red team game. After X has served 1 game of the suspension, the red team disbands. X must serve all of the remaining 2 game suspension with either the blue team or the green team, but not both.

Example 3: X is a team official of the red team. X receive a 3 game suspension for a send off in the red team's last game of the season. The next season, X is a team official with the green team. X is suspended for the first 2 green team games.

**For DOCs**

Upon receiving a send-off a DOC shall surrender the DOC pass to the head referee. The terms of the DOC suspension shall be determined by the competition in which the suspension was received.

**PERSON, TEAM OR LEAGUE DISCIPLINE (“BAD STANDING”)**

Any person, team or league associated with the operation of this Association may be declared “in bad standing” by the appropriate administrative body. The term “bad standing” may only be applied due to a very severe detrimental action or after a probation has been violated and may mean either total suspension (expulsion) from CYSA or a limited suspension (partial benefits). Any person, team or League declared to be “not in good standing” must be so notified in writing and advised of the right and procedure to appeal.

1. Person, Team or League placed in bad standing -
  - a. May only play teams from within home League
  - b. No Inter-League/District play.
  - c. No tournament play.
  - d. No State Competitions (Association Cup, CYSA-Cal Soccer League, Founders’ Cup, Presidents Cup, State Cup).
  - e. No Travel outside of CYSA-North.
  - f. No participation in the CYSA Olympic Development Program.
  - g. No voting power at District or State level as per CYSA rule 1:07:04
  - h. If the player registration and fees are not received by January 1st, the League may be denied League affiliation for the following seasonal year.

**REFEREE ABUSE/REFEREE ASSAULT**

Misconduct against referees may occur before, during and after a match, including travel to and from the match. Misconduct may also occur at later times when directly related to the duties of a game official as a referee. Misconduct will be classified as referee abuse or referee assault.

**1. Referee Abuse**

- A. Referee abuse is a verbal statement or physical act not resulting in bodily contact which implies or threatens physical harm to a referee or the referee’s property or equipment.
- B. Abuse includes, but is not limited to the following acts committed upon a referee: using foul or abusive language toward a referee; spewing any beverage on a referee’s personal property; spitting at (but not on) the referee; or verbally threatening a referee. Verbal threats are remarks that carry the implied or direct threat of physical harm.

**2. Referee Assault**

- A. Referee assault is an intentional act of physical violence at or upon a referee.
- B. Assault includes, but is not limited to the following acts committed upon a referee: hitting, kicking, punching, choking, spitting on, grabbing or bodily running into a referee; head butting; the act of kicking or throwing any object at a referee that could inflict injury; damaging the referee’s uniform or personal property, i.e. car, equipment, etc.

**ALCOHOL AND CONTROLLED SUBSTANCES**

The use, consumption, or being under the influence of alcoholic beverages or controlled substances immediately before, during, or after the play of any game, practice, or athletic event is prohibited. Any player, team official, league official, parent or spectator, or any member of this Association subject to the jurisdiction of this Association, its Districts, or its affiliated member Leagues shall be subject to disciplinary action, including suspension, by the League, District, or this Association.

**INAPPROPRIATE PLAYER INTERACTION.**

All coaches, assistant coaches, trainers and team officials are required to abide by the policies outlined in the CYSA risk management program. Inappropriate physical contact with players is strictly prohibited. Social interactions

with players less than 18 years of age (such as dating, parties without parental involvement and private one on one situations) are prohibited. Violation of these rules may result in immediate suspension from all CYSA and affiliated activities and initiation of disciplinary proceedings as outlined in PIM 08-3.

#### **PIM 05-1 CERTIFICATES OF INSURANCE**

The CYSA Board of Directors shall have the authority to suspend the applicable certificate(s) of insurance and/or cancel any CYSA function if the hosting league or any sub-group of the hosting league operates an event that is not sanctioned by CYSA on the same dates using the same volunteer pool, facilities and/or fields.

#### **PIM 04-1 (Rev. 07/2011) PLAYER EQUIPMENT**

A player with a prosthetic device will be permitted to participate in any CYSA sanctioned activity provided a doctor has provided written authorization that participation with such device does not pose a risk to the player wearing the device as well as any other player.

#### **PIM 03-2 REQUIRED SOCCER PROGRAMS TO BE OFFERED BY EACH LEAGUE**

All Leagues must offer a Recreational program and may offer a Competitive program if there are enough interested players and other resources. In order to have a Competitive team, or teams, there must be at least one team of the same age and gender in the Recreational Group. Exceptions can be made with CYSA Board approval. Leagues may have as many Recreational teams as they can manage without a corresponding number of Competitive teams. Since CYSA is predominately Recreational based, it is expected that every league will in good faith develop Recreational programs. Leagues found not to be in compliance, will have three years in which to meet these requirements. If not in compliance, the League's continued affiliation will be reviewed and could be revoked.

#### **PIM 02-1 (Rev. 3/2011) PARTICIPATION IN CYSA SANCTIONED TOURNAMENTS AND EVENTS**

Except for tournaments approved by the CYSA Board of Directors for international or Unrestricted status, no team shall be eligible to participate in any CYSA sanctioned tournament or event unless every player, coach, and administrator or team official of the team is registered with a state association affiliated with US Youth Soccer or if not so registered first registers with CYSA and complies with all of the regular registration requirements and applicable rules of CYSA.

#### **PIM 02-2 (Rev. 05/2003) UNAUTHORIZED USE OF CYSA AND AFFILIATES PROPRIETARY RIGHTS AND PROPERTY**

##### *A. Unauthorized Use of CYSA and Affiliate Rights and Property*

1. Every person has the legal right to travel for any legal purpose they want and to participate in any legal activity they choose, including attending events of other soccer organizations that are not sanctioned or approved by CYSA. No person, group, or entity, however, has any right to:
  2.
    - a. without authorization of the owner to take for that person, group, or entity's own use the rights and property of others, including those of CYSA and its affiliates, for any purpose at all, including attending events not sanctioned or approved by CYSA or
    - b. misrepresent or fail to disclose information so that others are misled.
3. Participation of any kind including travel to and from events and participation in events not sanctioned by CYSA without the prior approval of CYSA is entirely the responsibility of those electing to so participate, and not that of CYSA. Any recourse or remedies persons or groups electing to so participate may claim or seek must be sought from the organizations, groups, or persons sanctioning, authorizing, or sponsoring the events and participation, and not from CYSA.
4. No league official, team official, coach or others shall by affirmative misrepresentation or by the failure to disclose material facts to parents and players mislead them into believing that travel to

or participation in events not sanctioned by CYSA is authorized or approved by CYSA or that they have any of the protections afforded by association or affiliation with CYSA.

5. No coach, players, team official, administrator, or team shall use without CYSA's authorization any CYSA logo, trade mark, trade name, or other propriety or property right of CYSA, or any resources or funds or the proceeds, financial or in kind, including insurance, or funds obtained as a result of affiliation with CYSA for any purpose not authorized by CYSA, including travel to or participation in events not sanctioned or approved by CYSA.
6. Any violation of this PIM will subject the person, group, or entity violating it to disciplinary action and any other action CYSA deems necessary and appropriate to safeguard the proprietary and other rights of CYSA and its affiliates.

*B. Attempts to Circumvent or Abuse CYSA Rules, Procedures, or Benefits:*

1. No affiliated league, coach, team official, or administrator shall directly or indirectly do any of the following or attempt to do any of the following or permit any coach, team official, or administrator to:
  - a. Use any league resources of any kind (including clubs within leagues) acquired or obtained as a result of affiliation or association with CYSA in any respect in connection with participation in any organization or event not sanctioned by CYSA without, before such use, full disclosure to the league and to each of the parents of players involved that the organization or event is not sanctioned by CYSA.
  - b. Use any facility or field of any kind for which CYSA or its insurer has issued a Certificate of Insurance for any purpose not sanctioned by CYSA without full disclosure to the owner or other person or entity granting the right to use such facility or field that the use is not sanctioned by CYSA or that CYSA insurance and other protections are not in effect for such use.
  - c. Use or display without CYSA's prior authorization any CYSA logo, trade mark, trade name, or otherwise infringe any other proprietary right of CYSA.
  - d. Allow any person or entity to believe or be led to believe either through affirmative misrepresentation or by failure to disclose material facts that the league, team, player, coach, team official, and/or administrator's participation in any kind, including but not limited to tournaments, practices, and games, not sanctioned by CYSA is in any way connected, associated, or affiliated with CYSA.
    1. Each coach, team official, administrator, and league involved in the participation of any CYSA registered player, group of players, or team in any event not sanctioned by CYSA has an affirmative duty and obligation to fully disclose to the players and the league that such participation not sanctioned by CYSA and that none of the benefits of affiliation with CYSA, including by not limited to insurance coverage, are available or applicable.
  - e. Use or employ any CYSA process or procedures to mislead, deceive or defraud any person into believing any action, activity, or event not sanctioned, authorized, or approved by CYSA is sanctioned, authorized or approved by CYSA.
2. Any violation of this PIM will, in addition to all other rights and remedies available at law, subject the person, group, or entity violating it to disciplinary action and to any other action CYSA deems necessary and appropriate to safeguard the proprietary and other rights of CYSA and its affiliates.

**PIM 01-1 (Rev. 02/2006) OLYMPIC DEVELOPMENT PROGRAM COACHES, TRAINERS, AND STATE ADMINISTRATORS**

Any coach, assistant coach or trainer who is assigned to coach, train or is affiliated with the District, State, Regional or National Olympic Development Program (ODP), may not coach, assistant coach, or train at the team level any player that they work or worked with on an ODP team unless that player would have played for that team by virtue of the player's residence. Further, an approved ODP coach, assistant coach, or trainer may not coach or train any

District or State ODP team of the same gender that the coach, assistant coach, or trainer may coach or train on the Club or League level. Any exception must be approved by the State Director of Coaching.

#### **PIM 98-1 (Rev. 06/2010) UNIFORM/EQUIPMENT POLICY FOR STATE EVENTS**

The equipment for teams and players, including teams banners, flags, uniforms, warm-ups, and team and player equipment bags, in all State Cup, Association Cup, Founders' Cup, Presidents Cup and CYSA – Cal Soccer League games shall only have those markings that are consistent with the purpose of this Association. Logos, trademarks, emblems, or any other insignia expressing, promoting, or otherwise symbolizing alcohol, tobacco, or controlled substances (drugs) are specifically prohibited. It is recommended that the leagues adopt this policy for all other play.

#### **PIM 95-1 FILL-IN TEAMS**

“Fill-In” teams may be used in CYSA sanctioned tournaments to complete a bracket if a tournament is short of proper entrants.

1. A “Fill-In” team is comprised of at least one properly credentialed coach and up to 18 properly registered players from within any single CYSA District.
2. “Fill-In” teams are only used as a last resort and must be qualified to play in the age group and gender classification of the tournament. To fill a vacancy, officially rejected teams must be given first right of refusal before a fill-in team is used.
3. “Fill-In” teams are charged no tournament fee and play for no scores or standings and therefore their members do not lose their eligibility for future tournament, League or Cup play.
4. “Fill-In” teams must notify their District Commissioner prior to their participation in the tournament.

#### **PIM 93-1 LEAGUE AFFILIATIONS**

All League Affiliations and appropriate fees must be in the CYSA office by March 1 deadline. Penalties for failure to meet the deadline as stated are as follows:

**Not in by March 1: \$50.00 fine**

**Not in by April 1: \$100.00 fine**

**League to be put on probation for the following year.**

#### **PIM 91-1 SUBMISSION OF COMMITTEE REPORTS**

The CYSA Committee Reports will be made in writing, within thirty (30) days of scheduled committee meetings. Report will include alternative ideas of respective members. These reports will be disseminated to the Board of Directors and Committee members.

#### **PIM 91-2 NOTIFICATION OF ALL MEETINGS OF THIS ASSOCIATION**

Notification of all meetings of this Association, with the exception of emergency business, will have a minimum of fourteen (14) days notice of scheduled meeting.

#### **PIM 90-1 (Rev. 11/2006) YOUTH PLAYING SENIOR**

In order to maintain his or her eligibility, a youth player must have a properly completed form 1612 (Youth to Provisional Senior Player) approved and on file with CYSA prior to registering with the adult amateur organization and/or senior team. A separate form is required for each adult organization with which the youth player registers. A form must be completed for each season of registration.

#### **PIM 90-3 DISSEMINATION OF INFORMATION**

Team Manuals - CYSA Team Manuals are paid for by the membership and are therefore the property of the teams. No one has the right to withhold these kits from properly registered teams. These must be dispensed immediately upon the receipt of a CYSA team registration form.

*League Bulletin* - Contents of the League Bulletins MUST be reiterated to the membership. The information within these bulletins is meant for League Boards, not just the recipient.

*General* - Any information or publication disseminated from CYSA to the general membership must be passed on in a timely manner.

It is the League's responsibility to disseminate all information to the membership. Failure to do so may place your League in violation of the CYSA Constitution.

#### **PIM 89-1 (Rev. 11/1989) DISTRICT LEAGUE ADMINISTRATION**

Purpose of a District Playing League - To develop, promote and administer a method of providing inter-league competition for boys and girls teams, U19 and below.

*Definition of a District Playing League* - A District Playing League is a League formed within a District for the purpose of providing a playing season for teams representing different affiliated Leagues from within the District. District Playing Leagues normally provide competition for Competitive teams but, when demographic considerations warrant, may be used to provide competition for Recreational teams from various Leagues within the District.

Affiliated teams representing Leagues from another District may participate in a District Playing League if approved by the Commissioners from both Districts.

Leagues of residence are responsible for the proper registration of the players on the teams that represent them.

Formation Authority - The Commissioner of the District, in which the District Playing League is formed, is responsible for the management of the Playing League.

The District Commissioner may create a committee to assist in managing the District Playing League with the individual heading the committee chosen in accordance with rules governing appointments in the District. Each League supplying teams from the Playing League will be represented on the committee that governs the District Playing League.

#### **PIM 83-2 HOST LEAGUES**

Whenever two or more leagues enter teams in a combined schedule of play, one of these leagues shall be designated as the Host League, and shall be responsible for rules, schedules, protests, appeals and discipline, etc. The League may designate a separate committee, which may include members of the participating League(s), to administer the combined League.

#### **PIM 79-2 (Rev. 09/1990) SUB-DISTRICT WITHIN A DISTRICT**

A district Commissioner may, with Board approval, sub-district his/her District and appoint a sub-commissioner. This appointment should be to improve communications between existing leagues and CYSA programs and to facilitate affiliation of new areas into CYSA.

The assistant will work under and be directly responsible to the District Commissioner. Any financial support would be subsidized by the district if needed. The assistant would not be a CYSA Board member but would be a District Board member. The job would include being the communication link between the District Commissioner and the sub-area, going into and developing new areas for affiliation, attending sub-area league meetings upon request for the purpose of explaining CYSA and District rules, procedures and programs.

**PIM 79-3 (Rev. 04/1996) DISTRICT ADMINISTRATION BOARD**

Formation Authority - A District Commissioner may create a representative panel comprised of league representatives and appointed District staff personnel to assist in the administration of the assigned district area under his/her leadership.

Purpose - To streamline administration and improve communication between the State and the Leagues through an avenue that expedites the dissemination of all information in a timely manner. To assist in the development of soccer in established areas. To provide a direct and local communication avenue for the Leagues to the state on matters of their interest and concern and to share information and problems.

Responsibility - May create programs for the benefit of the District. Has jurisdiction over programs that are instituted within the District by the District Administrative Board) premier Leagues, special events, ODP) to coordinate CYSA related programs. Determine the use of the District's budget for District's use. May act as an arbitrator on matters involving two or more Leagues within the District. Assist in the development of new areas and create programs for a total soccer concept within the District boundaries for those that wish to participate in the programs developed. Who Makes Up The District Administration Board - The District Commissioner; the assistant(s) along with staff appointed by the District Commissioner for registration purposes, (District Registrar); coaching and referee programs (District Referee and Coaching Coordinators); league designated representatives and other staff as needed

All Leagues within the District are entitled to have a League representative in attendance at all meetings of the administration and should be encouraged to do so for growth and communication purposes. It also helps in the development of an understanding of the various problems within the District and Leagues.

**PIM 78-1 (Rev. 10/2011) DEFINITION OF TERMS**

**Principal Team:** A group players properly registered with a CYSA affiliated league and under the guidance of one or more coaches, so organized for the purpose of playing soccer in a CYSA affiliated league. U6 and younger teams may have less than seven (7) players. U7 and older teams must have a minimum of seven (7) players. U13 and younger may not exceed 18 players. U14 and older teams may not exceed 22 players. Any exceptions must be approved by the CYSA Board of Directors. Principal teams may participate in any USYS/CYSA sanctioned event.

**Club:** A structured organization whose purpose it is to sponsor one or more teams to play soccer in a CYSA affiliated league or leagues. A club must be under the direct control of a league affiliated with CYSA. CYSA does not affiliate clubs, only leagues.

**League:** A structured organization operating within a specified community or otherwise defined geographical area within a given CYSA District, whose purpose it is to offer competition to the teams registered with it. Its teams shall be divided into CYSA approved age groups (or modification thereof, if need be), and play soccer amongst themselves according to an established schedule of play in a seasonal year.

**Binding of a Player / Dual Rostering:** Players are bound to a single team at any one time (Section 3:02:03), and may not be rostered to another team (Dual Rostering) unless they complete the necessary transfer paperwork and requirements. Upon completion of the transfer paperwork, the player is then bound to the new team.

**Off-Season Team (paper team):** An off-season team is a team formed of newly registered and/or previously registered and rostered players from more than one previously registered team. The team roster is submitted to the league registrar and/or to other designated officials as needed for the specific purpose as designated by the league.

Off-season teams may only participate in those events for which they were formed, unless permission is granted

in writing from the CYSA Board of Directors. They may not participate in any State or National events or Cup Competitions, unless so designated by the State or National bodies.

**Travel Team:** A principal team that participates in CYSA sanctioned tournaments, travels out of the team's District of registration to play games with other CYSA teams or to play games outside of CYSA that have been sanctioned by a USYS affiliated State Association. A travel team must meet all the CYSA rules pertaining to competitive play.

#### **PIM 78-3 TEAMS PLAYING LEAGUE PLAY OUT OF THEIR DISTRICT OF RESIDENCE**

Teams that wish to play in a league that is not in the district for any reason must obtain permission from their natural (normal) home league of residence.

The request should be in writing with the reasons so stated. If the league approves the request, it would then be forwarded to the out of District league for an answer. Upon approval the District Commissioner must be notified to clear the request between Districts and/or District Commissioners.

#### **PIM 78-4 (Rev. 11/2006) PRACTICE BETWEEN YOUTH TEAMS AND SENIOR TEAMS**

Practice games between CYSA youth teams and any adult (senior) team including teams registered with the California Soccer Association North, Women's Premier Soccer League, National Premier Soccer League, Premier Development League, United Soccer League Super 20s or any other affiliated adult Organization may not be sanctioned by the District Commissioner. The term "adult" is interchangeable with the term "senior" and includes ANY college teams or unregistered adult teams. If a CYSA youth team does play against an adult (senior) team, the league/coach and/or manager are assuming full responsibility, including legal liability, for any injuries or other ramifications that may occur through the playing of the game.

#### **PIM 77-5 (Rev. 04/1996) DISTRICT REGISTRARS**

The signature of a District Registrar will be accepted in the place of the District Commissioner on those registration materials delegated by that District Commissioner. These signed documents will be considered legal for all state competition.

This policy is based on the grounds that the District Registrar is an extension of the District Commissioner in the area of registration.

#### **PIM 76-1 (Rev. 09/1990) TEAMS PLAYING IN MORE THAN ONE LEAGUE**

A team is registered with only one league but may play in more than one league at the same time or different times during the season.

It is necessary, however, that the home league concurs with the team's request to play in more than the home league. Permission must be obtained from the league of registration in order for the team to play in another league. The non-home league should check with the league of registration for concurrence. The non-home league may charge an administration fee to the outside teams if they feel it is needed.

Inter-District league play may be held with written agreement of both District Commissioners involved.

# CAL NORTH MODIFIED LAWS

This section presents the Cal North Coaching Committee and Recreation Committee's guidelines and recommendations for developing young players.

## *Why These Modifications are Necessary*

- Players have more actual playing time.
- Players are required to make more decisions.
- Players have increased contact with the ball.
- Players have more practical space to play in.
- Players experience recurring situations frequently.
- The work rate and involvement of a player stays consistent.
- Total running distance is basically the same for large or small fields.
- Players have energetic workouts due to playing both offense and defense.
- While learning both offense and defense, a player will become more complete and will have a better understanding of the roles of teammates.

## *Size of the Ball*

- Lighter.
- Less intimidating.
- Less stress on joints (injuries).
- Easier to imitate adult performance.

## *Size of the Field*

- Conducive to their physical size.
- More efficient use of space.
- Two games can be played simultaneously across a regulation field.
- Bringing goals closer to the action means more goals and that's fun!

## *Size of the Goal*

- Reinforces preferable shooting habits.
- Gives goalkeepers realistic responsibilities.



*For the Game. For the World.*



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PLEASE VISIT  
[WWW.USSOCCER.COM](http://WWW.USSOCCER.COM)

## 1. *The Field of Play*

### A. DIMENSIONS:

The U-6 field of play shall be rectangular, its length being not more than 50 yards nor less than 30 yards and its breadth not more than 40 yards nor less than 20 yards. The length in all cases exceeds the breadth.

The U-8 field of play shall be rectangular, its length being not more than 70 yards nor less than 40 yards and its breadth not more than 50 yards nor less than 35 yards. The length in all cases exceeds the breadth.

The U-10 field of play shall be rectangular, its length being not more than 90 yards nor less than 50 yards and its breadth not more than 60 yards nor less than 35 yards. The length in all cases exceeds the breadth.

### B. MARKINGS:

- ◇ Distinctive *LINES* at least 2-5 inches wide.
- ◇ A *HALFWAY LINE* shall be marked out across the field.
- ◇ A *CENTER CIRCLE* with a six (6) yard radius.
- ◇ Four *CORNER ARCS* with a one (1) yard radius.
- ◇ *GOAL AREA* - Six (6) yards from each goal post and six (6) yards into the field of play then joined by a line drawn parallel with the goal line.
- ◇ *PLAYER/COACHES AREA* - Twenty (20) yards long. Beginning at the halfway line go ten (10) yards down the touch line into each half of the field.
- ◇ *SPECTATOR VIEWING LINE* - Will be marked out five to ten (5-10) yards from the touchlines and behind the player/Coaches Area.

### C. GOALS:

U-6 and U-8: Six (6) feet high and six (6) yards wide.

U-10: Seven (7) feet high and seven (7) yards wide.

**Minimum** - Size of a hockey goal.

## 2. *The Ball*

U-6 - U-8:

Size three (#3)

U-10:

Size four (#4)

## 3. *The Number of Players*

U-6:

Maximum players on roster is seven (7).  
 Maximum on the field at any one time is five (5).  
 Minimum on the field at any one time is three (3).  
 Goalkeepers is optional - but not recommended!

U-8:

Maximum players on roster is eleven (11).  
 Maximum on the field at any one time is seven (7).  
 Minimum on the field at any one time is four (4).

U-10:

Maximum players on roster is thirteen (13).  
 Maximum on the field at any one time is nine (9).  
 Minimum on the field at any one time is five (5).

*To conform with US Youth Soccer rules, U-10's must play 8 vs. 8, whenever the play is interleague.*

**SUBSTITUTION:** Unlimited - with Referee's permission.

**PLAYING TIME:** Each player must play 50% of the game.

**GENDER:** Co-educational teams are highly recommended.

**Cal North Board of Directors Resolution (4/21/1996):** "Although CYSA will comply with US Youth Soccer's 8 vs. 8 rule, while actively working to repeal this US Youth Soccer rule, the CYSA Board of Directors recommends and supports the 5-7-9-11 Player Development Progression for the league's experimentation and consideration."

*The above resolution is also supported by the Cal North Recreation and Coaching Committees.*

#### 4. **Player's Equipment**

- ◇ Jersey or shirt - with number, shorts, socks, footwear, shin guards are Mandatory.
- ◇ A player shall not wear anything which is dangerous to another player or themselves, including any kind of jewelry.

#### 5. **Referees**

- ◇ Official referees can be used, if available. Older age group players are highly recommended.
- ◇ Are encouraged to explain the infraction called on the offending player.
- ◇ Their decisions on points of fact connected with the game shall be final!

#### 6. **Assistant Referees**

- ◇ Anyone who can tell the ball has gone totally over the touch or goal lines.

#### 7. **Duration of Game**

U-6: The game is to be divided into two (2) equal halves of sixteen (16) minutes each.

U-8: The game is to be divided into two (2) equal halves of twenty (20) minutes each.

U-10: The game is to be divided into two (2) equal halves of twenty-five (25) minutes each.

- ◇ A "substitution break" shall be whistled mid-way in each half.
- ◇ Substitutions can be made at any other time with Referees permission
- ◇ Half time break of five (5) minutes.

#### 8. **Start of Play**

- ◇ Opponent must be six (6) yards from the center mark when place kick (kick-off) is in progress.

#### 9. **Ball In and Out of Play**

- ◇ Conform to FIFA Laws of the Game. "The ball is out of play only when it has wholly crossed the goal or touch lines."
- ◇ The ball is out of play only when it has wholly crossed the goal or touch lines.

#### 10. **Method of Scoring**

- ◇ The whole of the ball must cross the goal line between the goal posts and under the cross bar.
- ◇ The ball can not be thrown, carried or intentionally propelled by hand or arm over the goal line.

#### 11. **Offside**

- ◇ No offside is to be called!

#### 12. **Fouls and Misconducts**

- ◇ All fouls will result in an *INDIRECT FREE KICK* with opponent six (6) yards away from the ball.
- ◇ The referee must explain *ALL* infractions to the offending player.

#### 13. **Free Kicks**

U-6 & U-8: Shall be classified under only one heading "*INDIRECT*"

U-10: Conform to FIFA Laws of the Game

- ◇ A goal may not be scored until the ball has been played or touched by a second player - of either team.

**14. Penalty Kick**

- ◇ No penalty kicks are to be taken during these games.
- ◇ *Tie games stand!*

**15. Throw-In**

- ◇ Conform to FIFA Laws of the Game.
- ◇ One re-throw must be allowed if foul throw occurs.
- ◇ Referee shall explain proper method before allowing player to re-throw.

**16. Goal Kick**

- ◇ Conform to FIFA Laws of the Game.
- ◇ Goal kick may be taken from any point inside the goal area - six (6) yard area.
- ◇ Opponent must be six (6) yards from the ball.

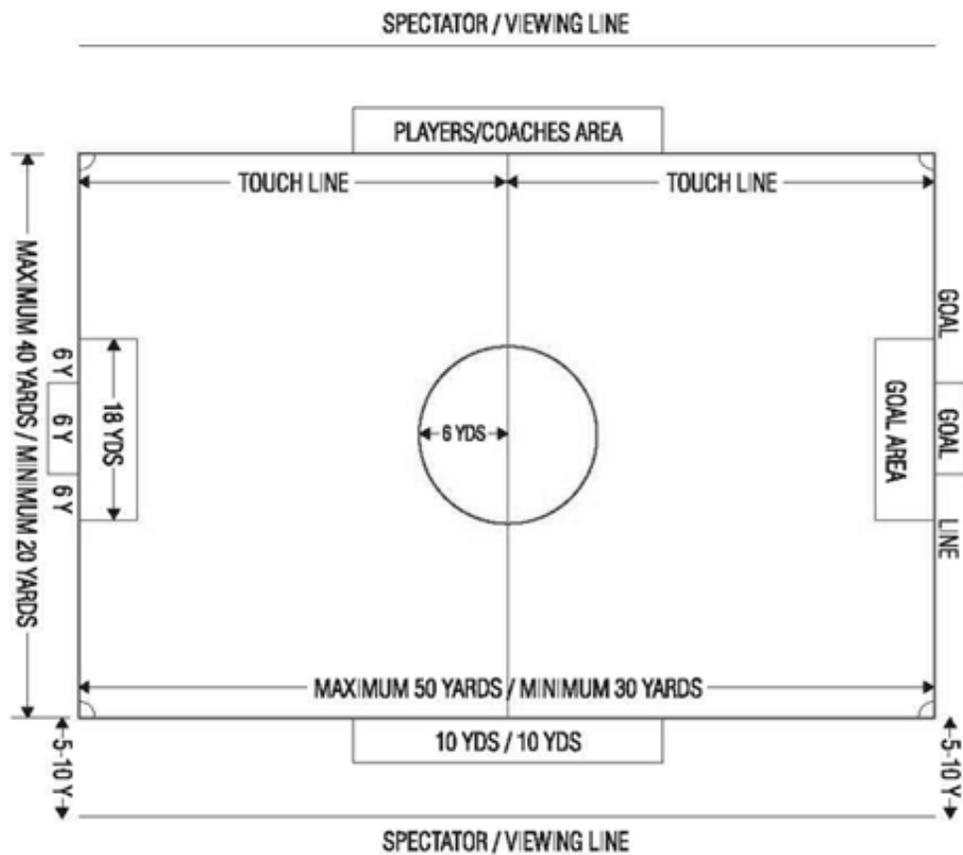
**17. Corner Kick**

- ◇ Conform to FIFA Laws of the Game.
- ◇ May be taken from any point inside corner arcs.
- ◇ Opponent must be six (6) yards from the ball.

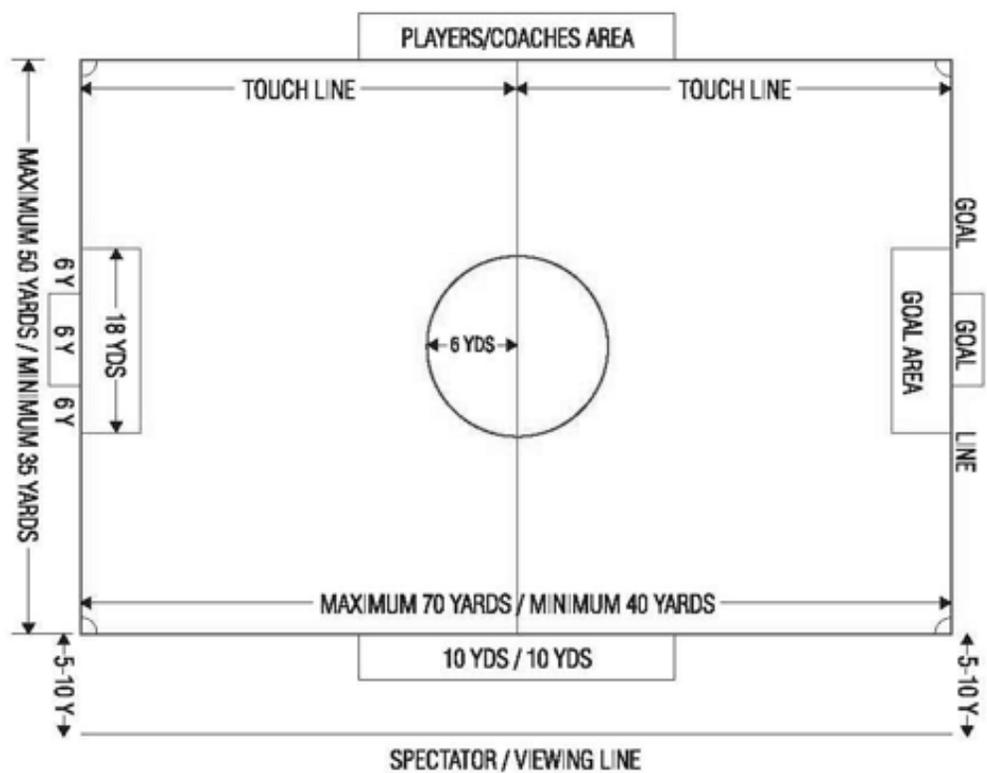
**18. Common Sense**

- ◇ No League standing are to be kept.
- ◇ Publicity of game and results are discouraged.
- ◇ Team Officials and Players are encouraged to shake hands with opponent before and after the game.

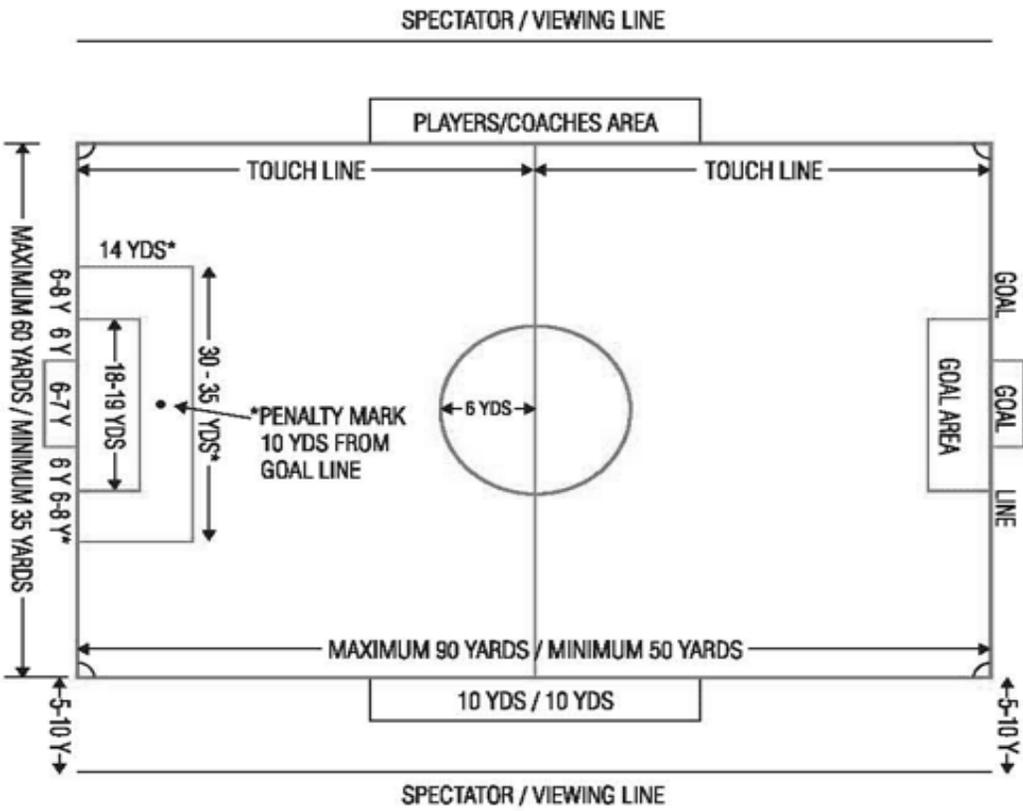
# U6 FIELD OF PLAY



# U8 FIELD OF PLAY

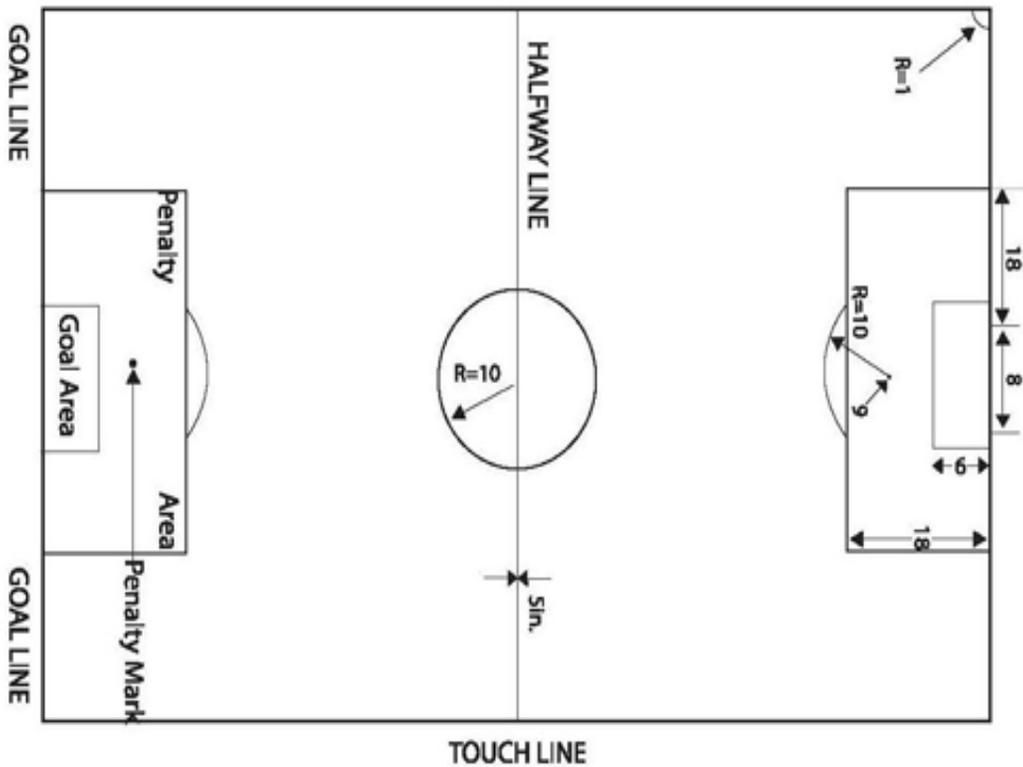


# U10 FIELD OF PLAY



\*PENALTY BOX AND PENALTY BOX MARKINGS ARE FOR CUP COMPETITION

# FIELD MARKINGS





# SECTION 3

## RISK MANAGEMENT





# RISK MANAGEMENT PROGRAM

## INTRODUCTION FROM THE CAL NORTH BOARD OF DIRECTORS

Thank you for your participation. The Cal North Board of Directors appreciates your efforts, whether you are coaching, referring, registering, or doing any other task.

One of the benefits from the Cal North programs is the growth that kids will experience under your guidance. This section of the team manual is provided to assist you in providing a safe and productive environment for the kids. Our goal is to give you support that will help maintain a healthful and playful situation for the kids.

The purpose of this section is to provide information to assist California Youth Soccer Association affiliates and all participants to address issues relating to risk management. It does not provide professional legal advice and may not be relied upon for that purpose. Consult an attorney for legal advice or information.

We look forward to working with you for many years of creating a challenging, fun and growth oriented soccer program.

Please remember that the actions of your Board are oriented to providing a positive environment for the kids. Participation is a match between the kids and an adult. The Board of Directors and Leagues reserve the right to decide whether a person is suitable to work with the kids or in other positions within Cal North or with any of its affiliates

## PHYSICAL CONTACT

Physical contact should be limited to that necessary and appropriate to teach a skill, treat an injury, console or congratulate a player. In the instance of teaching a skill, minimal contact should be involved and none which places the adult in a position of power or intimidation.

A participant (other than a parent or legal guardian) being alone in a one-on-one situation with a player is inappropriate. If an adult is alone with a player then the adult should do so in a visibly public site.

There are those participants who are expressive by using their hands to give a pat on the back, a rub of the head, or other acts of touching to show appreciation or indicate a job well done. In a public setting those acts, when not done in an overly familiar manner, are understood.

There should never be such touching in a one on one situation. Even the hint of inappropriate contact with a player may be enough to create the impression of inappropriate contact with children. Participants should act in a defensive mode so that there is no air of impropriety.

During an out-of-town tournament a non-parent/custodian adult shall not share any sleeping arrangement with a player or players. Adults must respect the privacy of players. Adults must provide privacy to players in changing rooms, showers, and bathrooms.

Suspicious behavior by an adult or claims of a sexual nature shall be reported to the District Commissioner. Cal North will, when warranted, investigate claims and report the findings to the Board of Directors along with a recommendation to the Board Chairman and/or counsel.

Molestation can be real, or the allegation can be a tool of revenge. Molesters can be registered at the local police

department or they can exist for years without detection. Checking through records may or may not reveal a molester. Therefore, it is everyone's concern to deal with this issue.

It is Cal North's and US Youth Soccer Association's goal to exclude participation by those who have committed violent crimes or crimes that may bring an unnecessary risk to the health and wellbeing of the participants. Cal North will not knowingly allow the participation of anyone that has a history of molestation or other criminal activity wherein the health of kids may be jeopardized. On the other hand, Cal North will preserve individual rights and not allow for unjustified pursuit of rumor based claims on a person's character. The same standards will also apply to those criminal records which may reflect on an inability to work with other individuals or kids.

Keeping the quality of participants with the best interest of the kids at heart is everyone's business. Everyone who participates on behalf of Cal North has certain responsibilities in this regard.

***Your responsibilities include:***

- Adhere to the guidelines
- Report any alleged improprieties about other participants to a league representative, who in turn will pass the information onto Cal North.
- If there are rumors about your conduct then please consult with a league official.
- Complete the mandated background check procedure which includes fingerprinting and completing a disclosure form that is submitted to the local registrar. Clearance must be obtained before participating in Cal North sanctioned activities.

**Please Note:** Any adult rostered on a Cal North sanctioned team is required to have an approved background check conducted by the California Department of Justice, which reports criminal history, and subsequent arrests in the state of California. For more information regarding Cal North's Risk Management Program, please refer to the Cal North Website, [www.calnorth.org/programs/risk\\_management/](http://www.calnorth.org/programs/risk_management/).

***CAL NORTH Official responsibilities are:***

- Investigate charges of molestation or of a convicted molester or criminal though records, interviews and officials, as well as consultation with counsel.
- Determine whether participation would or would not be in the best interest of Cal North objectives for the kids.
- Provide a right of appeal consistent with PIM 08-3.

Coaches, referees, and other participants are in a unique position to help kids challenge themselves physically and mentally. Unfortunately, some adults may consider participating for other reasons. It is Cal North's intention that this does not occur.

If a participant has retained counsel then there shall not be any communication with the participant. Communications on these issues shall remain confidential. Any questions from parents or the media shall be referred to Cal North.

**PROTOCOL FOR ADMINISTRATIVE HANDLING**

If there is a perception that a participant has failed to comply with these guidelines, has misrepresented his or her history or background, or is engaged in activity which may be inappropriate for working with kids, then the following course of action shall be taken.

1. The league president shall be informed of pertinent facts, information location, or source information.
2. The information shall be related to the District Commissioner, who shall assist the league president in determining if facts warrant a suspension.

3. If suspension is warranted and the participant has a pass, the participant's pass shall be obtained as soon as possible.
4. Promptly following the suspension the District Commissioner shall inform the Cal North Chairman and First Vice Chairman.
5. Until a final determination is made, responses to inquiries as to the status of the volunteer shall be limited to noting the suspension is in effect until an investigation is completed. Parties requesting information and providing information do so at their own risk unless such information is authorized for release by the Chairman
6. The chairman may involve counsel to:
  - Investigate authenticity of allegations and identification.
  - Provide direction to Cal North, the Board of Directors, and the league involved.
7. When appropriate, PIM 08-3 proceedings may be initiated

## HEALTH AND WELL BEING

The risk of injury in any sport is always present. Parents know this when they sign up their kids to play. However, sometimes parents will blame others for uncontrollable events or for actions perceived to be harmful to their kids. This section is intended to give you some guidelines for keeping injuries or exposures to a minimum.

A participant who responds to an incident or injury should do so in a knowledgeable manner, or defer any action to a party who has expertise in such matters. The following first aid guidelines should help you with the more common first aid techniques used with soccer related injuries.

Whether to call for an ambulance is a judgment call that carries with it anxiety if the degree of injury is unclear. If possible defer the question to the child's parent, or a nurse or doctor on the field. Cell phones can be used to contact parents, advice nurses, or ambulances. Follow first aid procedures and make the judgment based on sound criteria. But when in doubt pass the decision to someone with more expertise, such as an ambulance crew.

Each child is required to provide you with a medical consent form. The consent form is required at every Cal North sponsored event.

There are situations wherein a kid is injured and there is no health care provider or the policy limits are inadequate. For those cases, Cal North maintains an excess accident insurance policy which provides coverage of medical bills up to \$300,000 per injury. A copy of Cal North's summary of accident insurance coverage is in this manual or you may obtain one from the Cal North's State Office at (925) 426-KIDS (see sections 3:07:01 and 3:07:02 of the Cal North's Constitution and Bylaws).

### *Common judgment issues and guidelines for these issues are:*

- Head injuries resulting in disorientation, vomiting, or the repeating of words, must result in a player remaining out of the game and medical attention must be sought.
- Injuries that result in a rapid swelling usually indicate some type of injury beyond the sprain/strain stage.
- Appropriate action should be based on advice from someone with medical credentials.
- Coaches and referees shall treat all blood and bodily fluids as potentially infectious. Players who have an open and bloody wound cannot play until bleeding has stopped (in the case of a nose bleed) or the bleeding has stopped and is fully covered to protect against possible contact with another player.
- Coaches should have first aid kits available with them at all times.

## SAFE PLAY CONCERNS

### *Goal Safety*

The perception of injury in youth soccer is limited to the kids playing on the field. But injuries can come from many sources. Each year kids and others are injured from falling soccer goal posts. Accordingly, please take the Guidelines contained here in and U.S. Products Safety Commission Guidelines seriously.

There are approximately 225,000 to 500,000 soccer goals in the United States. Many of these soccer goals are unsafe because they are unstable and are either unanchored or not properly anchored or counter-balanced. These movable soccer goals pose an unnecessary risk of tip-over to children who climb on goals (or nets) or hang from the crossbar.

The Consumer Products Safety Commission knows of four deaths in 1990 alone and at least 21 deaths during the past 16 years associated with movable soccer goals. In addition, an estimated 120 injuries involving falling goals were treated each year in U.S. hospital emergency rooms during the period 1989 through 1993. Many of the serious incidents occurred when the soccer goals tipped over onto the victim.

The majority of movable soccer goals are constructed of metal, typically weighing 150-500 pounds. The serious injuries and deaths are a result of blunt force trauma to the head, neck, chest, and limbs of the victims. In most cases this occurred when the goal tipped or was accidentally tipped onto the victim. In one case an 8-year-old child was fatally injured when the movable soccer goal he was climbing tipped over and struck him on the head. In another case, a 20-year-old male died from a massive head trauma when he pulled a goal down on himself while attempting to do chin-ups. In a third case, while attempting to tighten a net to its goal post, the victim's father lifted the back base of the goal causing it to tip over striking his 3-year-old child on the head, causing a fatal injury.

High winds can also cause movable soccer goals to fall over. For example, a 9-year-old was fatally injured when a goal was tipped over by a gust of wind. In another incident, a 19-year-old goalie suffered stress fractures to both legs when the soccer goal was blown on top of her.

***ALL SOCCER GOALS MUST UNDER ALL CIRCUMSTANCES BE ANCHORED.***

*Anchoring/Securing/Counterweighting Guidelines*

A properly anchored/counterweighted movable soccer goal is much less likely to tip over. Remember to secure the goal to the ground (at the rear of the goal), making sure the anchors are flush with the ground and clearly visible. It is IMPERATIVE that ALL soccer goals are always anchored properly. There are several different ways to secure a soccer goal. The number and type of anchors to be used will depend on a number of factors, such as soil type, soil moisture content, and total goal weight.

If you need technical assistance/directions on anchoring, please call the Cal North office or the United States Consumer Products Safety Commission (USCPSC) guidelines.

Goals may only be moved by program administrators (coaches, referees, etc.) or those appointed by an administrator. Players or children under 16 should not be involved in moving goals. Goals should not be moved with any children under 14 within 20 feet of the goal. Goals that are fractured or customized shall not be used. Goals shall be anchored as per the U.S. Consumer Product Safety Commission guidelines for anchoring/securing/counterweighting. All goals that are not in continuous use shall be locked together or to a fence as per the U.S. Product Safety Commission guidelines for storage

***Guidelines for Goal Storage or Securing When Goal is Not in Use***

Many incidents investigated by CPSC occurred when the goals were unattended. Therefore, it is imperative that all goals are stored properly when not being used. When goals are not being used always:

- a. Remove the net,
- b. Take appropriate steps to secure goals such as:

1. Place the goal frames face to face and secure them at each goal post with a lock and chain,
2. Lock and chain to a suitable fixed structure such as a permanent fence.
3. Lock unused goals in a secure storage room after each use,
4. If applicable, fully disassemble the goals for seasonal storage, or
5. If applicable, fold the face of the goal down and lock it to its base.

### *Goal Safety Tips*

- Securely anchor or counterweight movable soccer goals at ALL times.
- Anchor or chain one goal to another, to itself in a folded down position, or to nearby fence posts, dugouts, or any other similar sturdy fixture when not in use. If this is not practical, store movable soccer goals in a place where children cannot have access to them.
- Remove nets when goals are not in use.
- Check for structural integrity and proper connecting hardware before every use. Replace damaged or missing parts or fasteners immediately.
- NEVER allow anyone to climb on the net or goal framework.
- Ensure safety/warning labels are clearly visible (placed under the crossbar and on the sides of the down- posts at eye level).
- Fully disassemble goals for seasonal storage.
- Always exercise extreme caution when moving goals and allow adequate manpower to move goals of varied sizes and weights. Movable soccer goals should only be moved by authorized and trained personnel.
- Always instruct players on the safe handling of and potential dangers associated with movable soccer goals.
- Movable soccer goals should only be used on LEVEL (flat) fields.

Goals that have not been anchored should be reported to the field maintenance supervisor. (This is advisable to do personally and in writing).

It is particularly important that goals are not used as climbing structures. Most deaths related to goals are either from climbing or other inappropriate use of the structures. It is suggested that players be advised at an initial team meeting that climbing, chin ups, or other such uses of the goal are not allowed.

### **FIELD INCIDENTS AND UPKEEP**

Field conditions are another exposure that is controllable. While some leagues play on pristine fields, others are not as fortunate. The legal criteria for liability in field conditions is “known or should have known.” Therefore, it is in the interest of both the field owner and the League to inspect the field. Look for depressions, holes, sprinkler heads, and foreign objects on the field. If there are areas that are muddy or have potholes repairs to make the field appropriate should be performed before any play. Furthermore, the appropriate League contact should converse with the field owner and document conversations with the responsible party.

Notifying the field owner does not relieve a league of a legal liability. Once a safety concern is identified it then becomes the owner of the field as well as the user's responsibility to mitigate injury. On the one hand we want to be responsive to the safety concern of the kids. On the other hand, we do not want to assume the responsibility of field maintenance. Safety concerns should be promptly reported to the league person responsible for contacting the field maintenance staff.

- Unsafe conditions should be reported to the responsible entity as soon as possible. The league representative shall telephone the responsible entity and take notes on the name of the person called, the conversation, and plan of action. A report of the hazard shall be made to the responsible property owner.
- Areas under construction provide additional risks and require special attention. Whenever a field is

### Field Safety Inspection Checklist

Field Name \_\_\_\_\_ Date \_\_\_\_\_

Location \_\_\_\_\_ Inspector \_\_\_\_\_

Condition: **S** = Safe, **NA** = Needs Attention, **D** = Dangerous, Unsafe

Field

1. Low/High Spots	S	NA	D
2. Stones, glass, debris	S	NA	D
3. Holes in field	S	NA	D
4. Sprinkler heads protruding	S	NA	D
5. Other _____			

If you don't report it, it won't get fixed!

#### DRIVING

Drivers must have adequate insurance. Only those who meet this requirement are allowed to drive with kids.

Cal North does not provide automobile insurance for personally owned or rented vehicles. No coverage is provided to parents or coaches while going to and from including when transporting youth players to games or practices or other events.

Adults transporting players must model safe driving techniques and enforce seat belt use with players and other vehicle occupants.

Drivers shall conform to all requirements of the vehicle code.

Parents who wish to drive players (other than their own children) to practices, scrimmages, games, and tournaments shall sign the Driver Certification and Authorization form and provide the form to the appropriate league official.

#### PERSONAL LIABILITY

Decisions made by program administrators, regardless of whether they are Cal North or league sanctioned activities, may unknowingly obligate the league or Cal North to implied legal obligation. Accordingly, administrators are requested to check with the appropriate officials.

Cal North insures its Directors, Officers, and volunteers with liability insurance, as per section 2:09:01 of the Constitution, Bylaws, General Procedures, Specific Rules, PIMs section of the Team Manual. It is possible for an individual to be named as a separate defendant in a suit arising out of a Cal North sanctioned event. Should this happen Cal North will provide a defense and cover the liability on your behalf, subject to the coverage and exclusions of Cal North's general liability policy.

In the course of providing liability coverage for fields within a public or private facility, (usually the City, County, or developer), a request will be made for Cal North liability coverage in the form of the entity being named as an additional insured. It is Cal North's intent to cover the owner for that portion of property occupied by their members and only when their members are using the property and only when participation is solely in a Cal North sanctioned event. It is not Cal North's intent to cover the nearby playground, swimming pool, baseball

backstop or any other aspect of the property not specifically related to the practice and play of youth soccer.

Normally, our insurance broker will add the facility owner as an additional insured to protect them in the event of a loss during a Cal North sponsored activity. (This is done through notification to the Cal North office of the requirement and sending the office a copy of the proposed contract and insurance requirements). The problem is that the owner is likely to require some sort of “use-of-premises agreement”. This could be a permit, a lease or some other contract stipulating the terms of the use of the premises. Such contracts are usually very favorable to the lessor. They likely contain an insurance requirement clause as well as a hold harmless clause. These should be reviewed carefully to determine the extent of liability to Cal North.

The contract should specify when and what you will be responsible for. Ideally, you will be responsible for the field or the facility when it is being used for Cal North purposes. If you are required to cover the premises on a 24 hour basis then additional liability insurance must be requested. Any contract which does not limit responsibility to specific use for Cal North activities broadens your responsibilities and must be reviewed by the Cal North office.

### **CONTRACTUAL AGREEMENTS**

All draft contracts shall be sent to the Cal North for review of indemnification, hold harmless and contractual obligations that may effect the liabilities of Cal North.

### **LANGUAGE**

Offensive and vulgar language is always unacceptable. Administrators should model good communications skills. Language that is denigrating in nature, content or tone or refers to one's gender, race, national origin, disability, sexual orientation or religion is unacceptable.

Inappropriate language, including language targeting officials, opponents, players, or spectators may be grounds for player penalties or removal of adults from the game and/or premises.

### **SPECIAL NEEDS**

Leagues can use “special circumstances” for assigning players to allow participation of players with special needs. Accommodations may be made if the league is provided with a written consent from:

- Parents or guardians
- A physician

Some children may be HIV positive or have other potentially infectious diseases. Coaches should treat any acknowledged condition in the confidential manner with which the information is related by the parent or guardian. Other than voluntary admission from the parent or guardian, other discussion about a child's medical condition should be considered as rumors and dealt with as such. Coaches who disclose confidential information may open themselves to civil and criminal court action. Therefore, any public disclosure may not be made without permission from the parent.

### **VIOLATIONS**

Violations of these guidelines by program administrators or players will subject them to disciplinary actions including but not limited to warnings, sanctions, suspensions, or release.



# CONCUSSION AWARENESS

Cal North recognizes the need for increased awareness about concussions, head injuries and brain trauma. In order to assist our many administrators, coaches, referees, parents and players, we are making a number of resources available. The information provided by the Center for Disease Control's "Heads Up: Concussion in Youth Sports" initiative gives facts about concussions, signs and symptoms, suggestions for prevention and treatment.

Please take some time to familiarize yourself with the information found on the Cal North Website, [www.cal-north.org](http://www.cal-north.org)

Heads Up Online training Video  
Coaches Information Facts Sheet  
Parents Information Facts Sheet  
Players Information Facts Sheet  
Concussion Clipboard

## Baseline Testing Information

As part of strategic partnership with US Youth Soccer and Axon Sports, affiliated members and players receive a 15 percent discount on Baseline tests. Today, the Axon Sports Computerized Cognitive Assessment Tool (CCAT) is available to help safeguard Athletes as young as age 10.



**Taylor Twellman**, former five-time Major League Soccer all-star, retired from professional soccer in 2010, due to complications from multiple concussions. While suffering five documented **concussions** throughout his professional playing career, on August 31, 2008, Taylor suffered a concussion that many believe ended his storied career. As Taylor later realized, this brain injury was far more than a career-ending injury, rather, it was a life-changing event.

For over four years, Taylor has suffered from the effects and symptoms of post-concussion syndrome ("PCS"). While his recovery has improved and progressed, he has yet to fully recover – a common story for many. Taylor's injury has profoundly affected his family as well. Initially, the Twellman family struggled to understand Taylor's concussion. His injury was invisible to them and there was no easy, tangible "fix." Eventually, Taylor's family recognized the seriousness of this brain injury and the need to support other athletes and their families.

Inspired to make a difference in the world of concussions, Taylor, with the support of his family, founded the ThinkTaylor Foundation. The ThinkTaylor Foundation is driven and dedicated to changing the culture in the world of concussions. ThinkTaylor's positive message emphasizing awareness, education and putting the health of kids first will create **positive social change** and in return a safer, healthier and smarter environment.





SECTION

4

COACHING





# COACHING PROGRAMS

## How To Enroll In A Course

### *"Coaching Education"*

Cal North provides a list of coaching courses that is posted on the Cal North website under Coaching, called the Coaching Calendar. Coaching courses are hosted by our membership leagues, if you do not see any courses scheduled, please continue to check the website often, or you can contact your league DOC to see if they can host.

Choose a course that is near your home, or a date that suits your schedule. Contact the course organizer (refer to the calendar, as each organizer defines how they register a participant) either by email, phone or online sign up. The course fee is set by the course organizer, generally based on if you are a member of the league or there may be a non-member fee. A league may choose to only permit members of their league to attend. Signups are generally based on first come, first served. There are a limited number of coaches permitted in each course, so sign up early if you can.

The USSF National D Course is administrated by the State. This course has pre-requisites. Please refer to the course description and application process to enroll in this course. This course is only offered a couple times a year.

The National Youth License is run only by the State, and has pre-requisites. Please refer to the course description and application process to enroll in this course on the Cal North website. This course is generally taught only once a year.

For additional information, please contact your District Coaching Coordinator or the Cal North Office.

## How To Host A Coaching Course

### *Coaching Course Application Process*

- a. Only Cal North affiliated leagues may host a Cal North Coaching Course.
- b. Obtain Course Application from the Cal North Document and Forms Center.
- c. Complete the application and submit it with the course fee to the Cal North Office a minimum of 30 days before the date you wish your coaching course to take place. (30-45 Days for the "E" course)
- d. Course Applications received less than 30 days before the first day of the course, to the Cal North office, may not be approved.
- e. Your Course will be posted online in the Coaching Course Calendar.
- f. You will be notified by email with detailed instructions and the Instructor that has been assigned to your course.

### *Getting Ready for your Coaching Course*

- a. Publicize your course to coaches and get them signed up for your course.
- b. "E" Course candidates will need to complete pre-course assignments.
- c. Those hosting a USSF E or USSF D course will need a projector for the power point presentations. If your league or Instructor does not have one, Cal North will provide you with one. If you need one, please contact the Cal North office. If needed, it will be shipped UPS to you a few days prior to your course and will include a pre-paid return sticker. We ask that you return the projector in its original packing immediately following the course so it can be used for others.

- d. Communicate with the Instructor.
- e. Be at the location of the course to meet instructor/open rooms and deliver course materials.
- f. Collect all personal information from a course candidate so the instructor has a completed registration sheet.

*After the Coaching Course*

- a. The instructor turns in the Registration sheet to the Cal North State Office with their pay sheet. Registration sheet MUST be complete.
- b. Cal North will invoice the league for Non Members who attend the courses
- c. Cal North Office Staff will enter coaches information into the Coaches Database upon course completion and will issue license.
- d. Ship the projector back to Cal North office, if you borrowed one.

## COACH OF THE YEAR

	Boys Coach Recreational	Girls Coach Recreational	Boys Coach Competitive	Girls Coach Competitive
2006	Gary Waltz	Manish Doshi		
2007	Shirley Thompson	Joe Santos		
2008	Jackie Zlokovich	Eric Johnson		
2009	Jim Logan	Ruben Delgado		
2010	Ralf Cebrian	Scott Schoenthal		
2011	Jeff Hoffman	Barry Comerford		
2012	Hans Merten	Barbara McBride	Brian Wierzbicki	Sherry Rank
2013	Jack Cairel	Ed Davies	Andrew Ransome	Rafael Ramirez



# COACHING COURSES

## Cal North "F" License Course

The objectives of the F License are; to, explain 'how youngsters can overcome/respond to mistakes', 'how self-esteem is developed', and provide examples of 'optimal coaching feedback'. We also seek to illustrate the benefits for players and coaches to focus on controllable factors such as effort and improving rather than uncontrollable factors such as winning. Furthermore, to provide examples of feedback the coach can use to reinforce this. We seek to produce coaches who understand how young players learn and how to teach based on the child's stage of development. Additionally, our goal is to enhance coaches' knowledge of technical aspects, so that players improve their ability to solve problems during the game. We aim to create a positive, safe and creative learning environment in which the coach relays a passion for the game and is motivational for the child, and finally to provide the candidate with preparation for the USSF E License. Course Calendar and follow the instructions to sign-up.

### Topics:

- Self-Esteem and the child's athletic experience
- Effort Perspectives, Anxiety & Playing 'In the Zone'
- Preparation for USSF E license
- Activities for Technical Development
- Turns, dribbling and moves to beat an opponent
- Short and long passing
- Technique of the long (driven) pass
- Receiving the ball & receiving on the half turn
- Defending
- Various shooting techniques, and crossing and finishing
- Heading

For more info please visit [www.calnorth.org](http://www.calnorth.org) or click here.

## CYSA Goal Keeper

The CYSA "GK" Course is designed to give you an understanding of Goalkeeping psychology (you and your goalkeeper). This course includes methods of teaching and coaching the goalkeeper, goalkeeper's responsibilities and The Laws of the Game with respect to the goalkeeping position. Coaches wishing to take this course should log on to the CYSA Coaching Course Calendar and follow the instructions to sign-up.

### Topics:

- Introduction/you and your goalkeeper
- Methods of Coaching/Teaching Basic Goalkeeping skills
- The Game (Goalkeeper responsibilities) and age appropriate training

For more info please visit [www.calnorth.org](http://www.calnorth.org) or click here.

## State Youth Module I

This State Youth Course is to provide the most current and advanced information on growth and development if the youth soccer player. The youth soccer player is defined as any child from pre-school through adolescence. The course takes the approach that the GAME WITHIN EACH CHILD is at the center of all belief, decisions and actions taken by the child, coach and organization. It is the ultimate goal of the youth soccer development within the United States to unlock the game within children to their full soccer potential. The State Youth Module I is geared toward the U6 to U8 age group coach.

*Topics:*

- Philosophy of Coaching & Characteristics of U6 and U8 soccer players
- Soccer Injuries
- Team Administration
- Risk Managements
- Modified laws of the Game
- Age appropriate field sessions

*Prerequisites:*

- Minimum Age: 14 years of age

For more info please visit [www.calnorth.org](http://www.calnorth.org) or [click here](#).

**State Youth Module II**

This State Youth Course is to provide the most current and advanced information on growth and development if the youth soccer player. The youth soccer player is defined as any child from pre-school through adolescence. The course takes the approach that the GAME WITHIN EACH CHILD is at the center of all belief, decisions and actions taken by the child, coach and organization. It is the ultimate goal of the youth soccer development within the United States to unlock the game within children to their full soccer potential. The State Youth Module II is geared toward the U10 to U12 age group coach.

*Topics:*

- Philosophy of Coaching & Characteristics of U10 and U12 soccer players
- Soccer Injuries
- Team Administration
- Risk Managements
- Modified laws of the Game
- Age appropriate field sessions

For more info please visit [www.calnorth.org](http://www.calnorth.org) or [click here](#).

**USSF E License Course**

The National "E" is an 18-hour course, which covers the elementary principles of coaching and prepare interested coaches for the 36-hour "D" license course. The National "E" course is only administered and instructed by State Soccer Associations. Coaches wishing to take this course should log on to the CYSA Coaching Course Calendar and follow the instructions to sign-up.

*What is the "E" License?*

- Develop the core coaching competencies necessary to effectively teach the 9-12 year old athlete and team
- Understand the characteristics and needs of an athlete in the Basic Stage of our Long Term Athlete Development Model
- Establish a foundation of knowledge and experience in order to proceed through the sequence of coaching development courses

*What are the specific target outcomes of the course?*

- Understand and effectively apply the principles of Long Term Athlete Development
- Demonstrate competency in planning an age-appropriate training session
- Demonstrate the essential competencies to execute a team training session that is focused on a technical function of the game
- Understand concepts and recognize the principles of attacking and defending in a small-sided game environment (3v3 to 9 v 9 adaptable to local competition structure)

For more info please visit [www.calnorth.org](http://www.calnorth.org) or [click here](#).

### USSF D License Course

The "D" License course designed for the experienced coach who has already received training at the "E" level or who has several years of coaching and/or playing experience. The focus of this course is to improve individual's and team's ability. The "D" is a licensing course offered under the auspices of the U.S. Soccer Federation through affiliated members at the state level. In order to maintain consistency in the delivery and execution of the course the following objectives, expectations and grading policies for the "D" License course have been established. Successful completion of the "D" course certifies coaches with either a State or National "D" License. Both licenses are non-expiring and are awarded following the completion of both theoretical and practical testing. Coaches wishing to take this course should log on to the CYSA Coaching Course Calendar and follow the instructions to sign-up.

#### *Objectives for the "D" License*

- To prepare coaches by expanding their knowledge and understanding of the technical and tactical demands of the game and the developmental process necessary for players.
- To provide an understanding of practical coaching methodology and the framework necessary to prepare players and a team for competition.
- To prepare coaches for whom this represents their final coaching course as well as those who plan to pursue an advanced U.S. Soccer Federation National Coaching License.

#### *Expectations of Candidates*

- Participate in all activities (field, lecture and discussion groups).
- Demonstrate coaching ability and basic soccer knowledge.

For more info please visit [www.calnorth.org](http://www.calnorth.org) or [click here](#).

### National Youth License

The National Youth License, a U.S. Soccer course, focuses upon the nature of children and the adjustments adults must make to coach them. The course curriculum covers the ages of 4-12 years old. Each day of the course, the focus is upon one of the traditional soccer age groups of U6, U8, U10 or U12.

Children of the appropriate age group are brought to the course site and are placed in a model training environment with the coaches in attendance. The candidates are videotaped while coaching the players and the video is reviewed with each candidate to aid in the education of the coach. The course combines both classroom (theory) and field (practical) sessions. The course concludes with written, oral and practical examinations.

The National Youth License course is five days in length. It is ideal for anyone hoping to become a better and more effective coach. It is also a great opportunity for "A" Licensed coaches to receive 8 CEUs upon successful completion of the course.

#### *Course Topics:*

- Combines Classroom (Theory) and Field (practical) sessions for the U6-U12 player
- Ethics
- Laws of the Game
- Prevention and Care of Injuries
- Risk Management
- Team Management

#### *Prerequisites:*

- Minimum Age: 18 yrs. old
- The Candidate must possess the D license or receive a waiver from the state technical director.

For more info please visit [www.calnorth.org](http://www.calnorth.org) or [click here](#).

## Coaching Clinics

Cal North member benefits include club/coach access to clinics provided by our DOC's (at no expense to participants). Clinics are geared towards adult education and are available for the Recreational Coach or Competitive Coach.

The objective of these free coaching clinics is to provide youth coaches with activities and advice that might enhance their practices.

A Q&A period will conclude each session and the total duration of the clinic is typically 1.5 - 2 hours. There is no exam, there are no license requirements and there is no license received for attending.

To view scheduled events and clinics please visit the Cal North Event Registration page.

In order to request a clinic please contact the appropriate Director of Coaching

# COACHING CLINIC THEMES



### *Director of Coaching - Competitive*

Competitive tactical topics:

- Individual, group, and team defending-pressing
- Tactical-technical functional training for central midfielders
- System of play: 1-3-5-2
- System of play: 1-4-3-3

Technical-Tactical Topics:

- When to shoot
- When to dribble
- When to pass

### *Director of Coaching - Recreational*

Recreational and Elite Program Field Session Themes:

- Motivational Activities for Passing and Receiving
- Shooting
- Individual and Group Defending
- Crossing and Finishing
- Dribbling
- Moves to Beat an Opponent and Turns
- Combination Play

In addition, feel free to request a classroom presentation on select topics indicated below:

- Misconceptions on self-esteem
- How coaches feedback influences players
- How a psychologist would respond to players and parents' questions about playing time
- Coach and player attributions and how they affect future performance
- Should the coach or athlete focus on winning
- Conditioning exercises with the ball
- Distances covered by players and how this effects conditioning programs
- Games to enhance on-field decision making skills
- How coaches build confidence
- Team Chemistry advice for coaches and athletes
- Psychological skills for penalty kicks
- Communication advice for coaches
- Leadership training for players (and team captain's responsibilities)
- How to develop your coaching philosophy
- Team rules and coach expectations
- Pre-game and half-time advice for coaches



SECTION

5

CUP COMPETITION





# WHICH CUP IS THE RIGHT CHOICE

## Cal North Junior Cup Festival

Junior Cup Festival is comprised of three different divisions of competition and is offered for U9 through U11 teams. The U10 Founders' Cup division, U9-U11 Association Cup division, and the U9-U11 State Cup division will offer a wide spectrum of playing levels while providing a fun filled festival-style event for CYSA Cal-North member teams that qualify through their District-level selection process. This Cup introduces teams to the Cal North Cup Series and allows participants to view the different levels of play taking place at a venue that incorporates all three divisions of play simultaneously. Founders' Cup offers competition for the Recreational level teams while Association Cup provides a level of play compatible with entry-level competition (Copper, Bronze, Silver, and Silver Elite.) State Cup is for the more experienced competitive team and is appropriate for Silver Elite, Gold or Premier level teams.

## Cal North Founders' Cup

The Cal North Founders' Cup program is exclusively for our recreational level teams. Competition is offered in the U-12, U-14, U-16 and U-19 age groups for any Cal North recreational principal team that participated in an approved Cal North recreational playing league. Founders' Cup begins with a weekend of preliminary rounds, from which bracket-winners advance to the single elimination rounds. Cup play culminates with the Cal North Founders' Cup Championships extravaganza where the state champions are crowned with awards presented to teams and players alike. The Cal North Founders' Cup takes place in December and January for the U-12 and U-14 teams and in February and March for the U-16 and U-19 teams. Teams can apply for Cal North Founders' Cup online. Visit the Founders' Cup page on the Cal North website at [www.calnorth.org](http://www.calnorth.org) and select Founders' Cup from the drop down menu under CUPS for additional information about Cal North Founders' Cup.

## Cal North Association Cup

Geared toward the entry-level competitive teams, the Cal North Association Cup is an open competition for Cal North Competitive or Recreation principal teams that compete in a Silver Elite or lower level approved Cal North playing league. Association Cup offers brackets for boys and girls in the U-12, U-13, U-14, U-15, U-16 and U-19 age groups. It begins with a weekend of preliminary round games and over the course of subsequent weekends of single elimination rounds, it culminates with the Cal North Association Cup Championships where the state champions are honored with team recognitions and individual awards. The Cal North Association Cup takes place in early winter for the U-12 through U-14 teams and in early spring for the U-15 and U-19 teams. Teams can apply for Cal North Association Cup online. Visit the Association Cup page on the Cal North website at [www.calnorth.org](http://www.calnorth.org) and select Association Cup from the drop down menu under CUPS for additional information about Cal North Association Cup.

## Cal North Presidents Cup

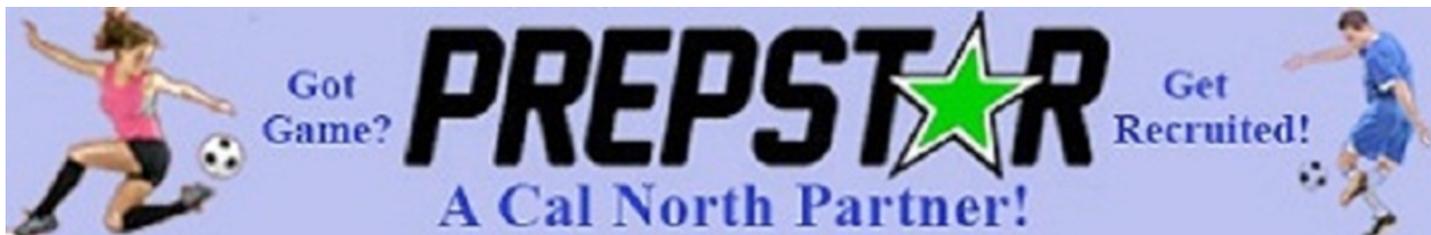
Cal North Presidents Cup offers competition in the U-12 through U-17 age groups and is the state-level qualifier for the US Youth Soccer Presidents Cup series. Modeled after the Cal North State Cup Program and the US Youth Soccer National Championship Series, Presidents Cup is a relatively new and exciting level of competition being offered so as to ensure a suitable level of competition for teams that do not participate at the very top level of the competition spectrum. Cal North Presidents Cup will accept applications from any Cal North team that was not a State Cup quarterfinalist or higher in the previous season and that participated as a principal team in an approved Cal North playing league. Presidents Cup was created primarily to serve the second-tier Competitive teams in the U12 through U17 age groups. Cal North Presidents Cup provides teams with an opportunity to advance to regional play at a level that may be better suited to their team than the State Cup and National Championship Series competition. Cal North age groups champions and selected wild card teams have the opportunity to advance to Regional Presidents Cup Competition in the age groups where US Youth Soccer and Region IV offer competition.

At the regional event Cal North teams will compete against champion teams from the 14 State Associations in US Youth Soccer Region IV. In the age groups offered by US Youth Soccer, the winners of the regional competition will move on to National Presidents Cup. Teams can apply for Cal North Presidents Cup online. Presidents Cup takes place in the winter for the U12 and U13 teams and in spring for the U14 through U17 teams. Presidents Cup is played over the course of several weekends with preliminary round competition on the first weekend and teams either advancing to the next round of play or being eliminated based on their results. The competition culminates with the state championships extravaganza that includes team recognitions and player awards. Teams can apply for Cal North Presidents Cup online. U14 teams with players who are impacted by CIF Rule 600 exclusionary period might prefer to play in Presidents Cup so as to avoid the high school vs. club conflict for players who play high school soccer in the winter season. Visit the Presidents Cup page on the Cal North website at [www.calnorth.org](http://www.calnorth.org) and select Presidents Cup from the drop down menu under CUPS for additional information about Cal North Presidents Cup.

### Cal North State Cup

Cal North State Cup is an open competition for any U12 through U18 Cal North team that competed as a principal team in a playing league approved for Cal North teams' participation. In order to participate in U19 State Cup, a team does not have the pre-requisite of participating in a playing league but must have a principal roster with a minimum of 7 players approved by their league and district no later than the April 15 application deadline. State Cup is the highest level of cup competition offered and it is geared toward mid-to-high level competitive teams that want the challenge of the highest level of competition. While targeting teams that compete in sanctioned playing leagues for Premier and Gold level teams. For the U12 and older teams, State Cup is the state-level qualifier for the US Youth Soccer National Championship series. Champions and selected wild cards in the U12 through U19 age groups will go on to represent Cal North in the US Youth Soccer Region IV Championships against teams from the 14 western region State Associations. Winners of U-13 through U-19 Regional Championships advance to the US Youth Soccer National Championships, which is widely considered to be the nation's premier youth soccer event. Cal North State Cup is played over the course of several weekends with preliminary round competition on the first weekend and teams either advancing to the next round of play or being eliminated based on their results. The competition culminates with the state championships extravaganza that includes team recognitions and player awards. CYSA State Cup takes place in winter for the U-12 and U-13 teams and during early-to-mid spring for the U-14 through U-19 age groups. Teams can apply for CYSA State Cup online. Visit the State Cup page on the Cal North website at [www.calnorth.org](http://www.calnorth.org) and select State Cup from the drop down menu under CUPS for additional information about Cal North State Cup.

*Definition of a Principal Team: A group of players properly registered with a CYSA affiliated league and under the guidance of one or more coaches, so organized for the purpose of playing soccer in a CYSA affiliated league. U6 and younger teams may have less than seven (7) players. U7 and older teams must have a minimum of seven (7) players. U13 and younger teams may not exceed 18 players. U14 and older teams may not exceed 22 players. Any exceptions must be approved by the CYSA Board of Directors. Principal teams may participate in any USYS/CYSA sanctioned event.*



Collegiate Sports of America (CSA-PrepStar) has become the official recruiting partner of California Youth Soccer Association (Cal North). Having the work ethic, talent and ability to compete in collegiate athletics is only the 1<sup>st</sup> step in navigating the college recruiting process. If you truly desire to play soccer on the college level, registration with CSA-PrepStar is the next step, and by doing so your athletic profile will be available to every college soccer program as well as 1,217 soccer coaches that are registered with the CSA-PrepStar Prospect Clearinghouse. Visit: [csaprepstar.com/athletes/](http://csaprepstar.com/athletes/)



